

NORTH WEST CITY NEWS

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Forever Free

Puzzles & Trivia P22



Arts House presents local and global works for BLEED

Building on the success of the online 2020 program, the Biennial Live Event in the Everyday Digital (BLEED) is back this month with three works being presented at the Arts House. *Continued on page 19.*

“West Melbourne Waterfront” plans slammed by community as “madness”

WORDS BY *Brendan Rees*
PLANNING

A \$230 million bold plan to create a “West Melbourne Waterfront” consisting of 14-storey high buildings lining the banks of the Maribyrnong River has drawn criticism from the community as being “excessive”.

The City of Melbourne is considering a planning application that seeks to build a mixed-use development at 156-194 Kensington Rd that would see a “sky neighbourhood” created featuring affordable accommodation, build-to-rent homes, a hotel, retail shops, a total of 384 apartments, riverside bars and more across a 2.3-hectare site.

Under the plans submitted by developer Scalzo Kensington Pty Ltd, five 14-storey buildings would be con-

structed at a newly rezoned former industrial site that is currently occupied by two-storey warehouses, carparking and storage.

In their stead could be one of the five buildings housing six storeys of office space, a 147-room hotel, and retail shops. Two other buildings would comprise cinema, a supermarket, an art gallery, a “club space”, rooftop outdoor terrace, carparking and 191 apartments.

The remaining two buildings would comprise 2498 square metres of office space within a podium, retail premises at ground floor, 104 parking spaces, 192 apartments, and a rooftop terrace.

Other proposed spaces include basketball courts, rock climbing, outdoor terraces, and a rooftop community garden.

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Fury over speed camera catching out unsuspecting drivers

WORDS BY *Brendan Rees*
TRANSPORT

Kensington residents are outraged by an “unfair” speed camera that is catching out unsuspecting drivers at record levels.

Concerned locals say the mobile speed camera on Kensington Rd – which is a 50km/h zone – was an “entrapment” as it had poor signage.

It had resulted in 4415 fines being issued between January and March this year – the highest-earning mobile speed camera location in Victoria, Department of Transport (DoT) data revealed.

Among those fuming is resident Julie Leech who was issued two fines earlier this year in the space of 10 days for travelling less than 10km/h over the limit.

“The signage is really limited. It’s not until you get past JJ Holland Reserve that there’s a 50 km/h sign but there’s nothing for quite a length,” she said.

“It just feels a bit like entrapment.”

She also questioned on what basis the speed zone had been changed from 60km/h to 50km/h as Kensington Rd was a main arterial leading to the city, with most of the area being industrial, as well as it connecting to Dynon Rd which is a 70km/h zone.

Ms Leech has since launched an online petition to have the mobile speed camera reviewed, with better signage also provided.

Kensington Rd is owned by the City of Melbourne – which installs and maintains speed limit signs – but the DoT is responsible for approving speed limits and changes to speed limits.

That said, for the speed limit to be reviewed the department must receive a written request from the council.

“Generally, roads with a speed limit of 50km/h are not signposted,

as this is the default speed limit,” the council said, although it confirmed it would investigate the community’s concern regarding speed limit signage on Kensington Rd.

According to the DoT, the speed limit was changed to 50km/h in 2010.

Responding to questions from *North West City News* about the mobile speed camera on Kensington Rd, a government spokesperson said, “Victoria’s mobile and fixed camera systems are determined based on a range of factors including crash history, engineering and environmental suitability, and existing enforcement options.”

“Victoria’s mobile speed cameras are an integral part of our road safety system and play a critical role in changing driver behaviour and saving lives.”

According to the government’s Cameras Save Lives website, the camera was set up in Kensington Rd as it had a “documented history” of serious and major injury collisions within the previous three years, as well as the road having been subject of a “validated complaint of excessive speeds” and identified by police as a “speed-related problem site”.

Kensington resident Obed Boadi-Amoako hoped others wouldn’t fall victim to the speed camera on Kensington Rd like he had – which had seen him receive \$1600 worth of fines.

“I tried to pay one, and then was informed at the time that there were other fines as well,” he said, which were unbeknown to him, but could mean he loses his licence after maxing out his demerit point limit.

The 42-year-old said it was a “kick in the guts” as he didn’t have a bad driving record.

Mr Boadi-Amoako can elect to have an extended demerit point period which would allow him to keep

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The deadline for the October edition is October 6.

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Constructions site takes shape over Footscray Rd

WORDS BY *Brendan Rees and Sean Car*
PLANNING

Work to construct an elevated roadway over Footscray Rd is taking shape as part of the West Gate Tunnel Project (WGTP).

Large columns for an exit ramp have begun rising from the ground to make way for a new six-lane elevated roadway above Footscray Rd to Dynon Rd, that will also link to Flinders St via the new Wurundjeri Way extension.

The next phase will see large steep portals weighing 450 tonnes each forming the base structure of the roadway, which will be installed over the coming weeks between Appleton Dock Rd and Dock Link Rd.

Two cranes will complete the works by alternating between the north and south side of the road.

According to the WGTP, this will allow Footscray Rd to remain open at reduced capacity where possible, with traffic alternating between the eastbound and westbound carriageways.

Footscray Rd eastbound will be closed from September 15-16 with detours in place.

The walking and cycling path running along Footscray Rd will also need to be closed for short periods to enable critical activities to be carried out.

Similar works are being planned for October.

When complete, the elevated road will link the West Gate tunnels with Citylink and the CBD and help cut travel times between Melbourne's west and the city by up to 20 minutes.

It will also play a key role in removing more than 9000 trucks from residential streets by giving transport operators a more direct route to the Port of Melbourne, according to the WGTP.

The WGTP's acting chief executive Peter Lellyett thanked all road users, residents, and businesses for their patience as work continued.

"We're transforming travel in Melbourne's



▲ Columns for a new exit ramp have been taking shape as work gets underway for an elevated roadway over Footscray Rd.

west and anyone using Footscray Road can see that we're making progress every day," he said.

Meanwhile, preparations are under way to start building the connections that will link up walking and cycling paths across Footscray Rd and Moonee Ponds Creek as part of the West Gate Tunnel Project.

A temporary walking and cycling path is now in place along Footscray Rd between Waterfront Way and Little Docklands Drive, which a West Gate Tunnel Project (WGTP) spokesperson said would allow a work zone to be set up to build the bridge over Footscray Rd.

"[This will] create a safer journey for cyclists who will no longer need to rely on traffic lights to cross one of Melbourne's busiest intersections," the spokesperson said.

"This section of the project will eventually link to the veloway that will be part of the new elevated road over Footscray Rd connecting the tunnels to CityLink and the CBD."

According to a press release provided by the WGTP, the 2.5km veloway will give cyclists a safe express route to and from the city and support the growing number of Melburnians riding to work each day.

Two bridge crossings for pedestrians and

cyclists will also be provided over Moonee Ponds Creek on either side of Footscray Rd.

As part of the construction work and following consultation with the City of Melbourne and Friends of Moonee Ponds Creek, some trees and vegetation will need to be cleared to enable cranes and other heavy machinery to be set up.

The project will plant more trees than it removes in this area of the creek in line with a carefully considered re-vegetation plan, including rehabilitation of unused rail land to create more green space.

The WGTP, which is expected to be completed in 2025, is delivering more than 14 kilometres of new and improved walking and cycling infrastructure, and close to nine hectares of new parks and wetlands.

According to the WGTP, the builder is discussing whether it can change its design by removing the bend and retaining an old rail bridge to use as a viewing platform and path crossing of the creek. Assessments of the proposal are continuing, including maintaining the old rail bridge given its age and condition.

A WGTP spokesperson said it would "continue to work with the community and provide updates as the design assessment progresses." ●



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▲ An artist's impression of the ambitious development proposal in West Melbourne.

“West Melbourne Waterfront” plans slammed by community as “madness”

Continued from page 1.

The development would also see 1081 square metres of public open space next to the Maribyrnong River.

In a pitch to the council, the plans said the new neighbourhood would deliver “the natural gifts of air, light and water” and the “West Melbourne Waterfront will be the beating heart of Melbourne’s booming inner west”.

It would also create local employment opportunities, according to the plans, as well as incorporate a “contemporary architectural and landscaping response that vastly improves the public realm and streetscape presentation to Kensington Rd”.

But the community has expressed concern over the ambitious plan, saying it would impact the amenity and character of the area.

The Kensington Association’s chair Simon Harvey was highly critical, saying it would be an “atrocious” outcome if approved.

“Someone is floating something out there to see if the powers that be will take the bait,” he said.

“This vision of ‘development’ is feeding someone’s fantasy.”

Mr Harvey said the council should reject the plans “on the grounds that it would desecrate the banks of the river and destroy public open space that we so desperately need to conserve”.

“The banks of the river need to be preserved, not be sacrificed on the pretext of ‘creating employment,’” he said.

“Constructions of concrete to make money for someone and in the process destroy the natural calm and beauty of the riverbank.”

“Unfortunately, it has already begun over the river in Footscray. Let’s not try to imitate the madness.”

Chairman of the North and West Melbourne Association Kevin Chamberlin said the proposed development “doesn’t really respect the unique location of that site on the riverbank and Kensington Rd”.

“To go from two to 14 storeys on Kensington Rd is excessive and completely changes the nature of that major road,” he said. “It is completely out of scale with most of the buildings on that road.”

“The pretext that it creates jobs is hardly a justification for this development in the current economic climate.”

Given the future impacts of global warming on riverside communities, Mr Chamberlin also questioned how sophisticated the flood control measures would be on the site based on its history.

Deputy Lord Mayor Nicholas Reece said the application would be carefully considered, particularly against the West Melbourne Waterfront Development Plan.

“Given this is a very significant proposal located in a picturesque location on the Maribyrnong River it is vitally important that we get the planning decision right,” he said.

Cr Reece said the lower reaches of the Maribyrnong River and this pocket of West Melbourne “are a forgotten corner of the city.”

“It is also one of the most exciting areas in Melbourne for new development given its rich community history, easy access to the amenities of Kensington, and the potential for idyllic waterside living right on the doorstep of the city.”

“It is pleasing to see a proposal of this scale has included the provision of new public open space for the benefit of the broader community.”

It is not yet known when the application will come before City of Melbourne councillors for consideration. ●

Government “finalising” more Parkville Gardens buses

WORDS BY *Sean Car*
TRANSPORT

The Victorian Government has confirmed that it is “finalising details” for additional bus services to Parkville Gardens following continued advocacy from local Greens MPs Dr Tim Read and Ellen Sandell.

Parkville Gardens currently falls under the Victorian seat of Brunswick overseen by Greens MP Dr Tim Read but the suburb will be transferred to the seat of Melbourne held by fellow Greens MP Ellen Sandell ahead of the state election in November.

In February, Dr Read asked Minister for Public Transport Ben Carroll when the frequency of the 505 bus service between Moonee Ponds and the University of Melbourne would be increased as planned in the 2021/22 Victorian Budget.

Minister Carroll, who took the question on notice, issued a response last month stating that the government was “continuing to plan” for additional services, which “includes discussions with the local bus operator and an analysis of the local road network including the impact of works around Grattan St as part of the Victorian Government’s Big Build”.

“I look forward to advising the Member and his community in due course once this work has been finalised,” Minister Carroll said.

A state government spokesperson said it was now “finalising details” for the additional services.

Route 505 was initially introduced primarily to provide public transport access to the former 2006 Commonwealth Games athletes village, known as Parkville Gardens. Since then, demand has grown as the Parkville Gardens residential development has continued to expand.

Greens MP for Melbourne Ellen Sandell questioned why it was taking the state government so long to fix the “inadequate service”.

“Parkville Gardens residents shouldn’t have to wait an hour for the next bus,” Ms Sandell said.

“After The Greens raised this in parliament, the government funded increased peak hour services in the May 2021 budget but 17 months later nothing has happened. Labor says they are still planning. How long do they need to fix an inadequate service?” ●



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Peter Mac Men's Shed among funding recipients

WORDS BY *Sean Car*
COMMUNITY

North Melbourne's Peter Mac Men's Shed is one of 30 facilities of its kind around the state to have received funding as part of the Victorian Government's recent \$1 million grants program.

Announced on September 8 during Men's Shed Week, the government provided grants of up to \$80,000 to 30 Men's Sheds across the state, with the local shed at the Peter MacCallum Cancer Centre receiving \$44,000 which it hopes to put towards the installation of a new toilet.

The new space opened in the medical precinct last year and serves as a pop-in centre for men who are receiving cancer treatment, as well as a hub for the local community providing DIY projects, support services and guest speakers.

With the support from accommodation provider Scape, Peter Mac was able to repurpose the bike shed at Atira Apartments with a workbench, tools, lights, heaters, couches, and a kitchen.

Men's Sheds groups like the one at Peter Mac create practical and engaging spaces which support local communities in many ways, such as running first-aid courses, building picnic tables for local schools and making toys for local childcare groups.

Minister for Disability, Ageing and Carers Colin Brooks said Men's Sheds played an important role in providing a welcoming place for social connection, to learn new skills and contribute to the community and improve wellbeing.

The Peter Mac Men's Shed is located at 3 Bedford Place, North Melbourne. ●

For more information:
petermac.org/shed

Greens respond to Arden Structure Plan "mess" with five-point plan

WORDS BY *Brendan Rees*
PLANNING

The Greens have responded to the state government's "planning mess" of the Arden Structure Plan by releasing a five-point plan they say will fix the issue.

The Minister for Planning Lizzie Blandthorn approved a final structure plan and new planning controls for the Arden urban renewal precinct, which were published in July.

However, the City of Melbourne said the final form of the planning controls "ignore" most of the recommendations of the expert Standing Advisory Committee set up to scrutinise the proposals.

This included the fact that the plan would "support and encourage" the delivery of only six per cent affordable housing rather than it being required, despite estimates the precinct would be home to 15,000 residents – which was "unacceptable" according to The Greens.

Through its five-point plan, The Greens will address the errors in the structure plan which it said "are all able to be achieved" by:

- Applying environmentally sustainable design requirements in the planning controls, not policy, so that they are mandated.
- Making all density controls mandatory, instead of discretionary.
- Making an immediate commitment to fund 10 per cent of the dwellings in Arden (938 dwellings) as public housing through the Big Housing Build.
- Applying a mandatory 10 per cent affordable housing requirement for all land proposed to be sold to the private sector.
- Reinstating third party notice requirements for all planning applications.

Member for Melbourne Ellen Sandell said she was shocked the Minister for Planning had approved plans for Arden "that don't mandate



▲ Member for Melbourne Ellen Sandell.

environmentally sustainable design, don't require affordable housing, and make all planning applications exempt from public notice".

"Arden is a once-in-a-generation opportunity to build a world-class, sustainable, liveable precinct. Instead, the government has cut as many corners as it can and ignored most of the recommendations of the expert panel it set up to advise it," she said.

"This is just another example of Labor prioritising the profits of big developers over community interest and refusing to learn the lessons of the past."

"Without intervention to fix these deeply flawed plans, Arden will be another free-for-all for big developers, not an area that people will be enthusiastic to live and work in."

Minister for Transport Infrastructure Jacinta Allan said the precinct plan would be a "tremendous opportunity" to grow Victoria's economy as Arden was set to become a destination, complemented by the new Arden Station in 2025.

"The Arden Structure Plan outlines how underutilised industrial land in Melbourne's inner north will be transformed into a thriving centre for Victoria's knowledge industries, with around 15,000 residents and 34,000 workers," she said in a statement.

The City of Melbourne has launched an investigation which will be compiled in a report to be considered by councillors in September. ●



▲ Concerned residents at Kensington Rd.

Fury over speed camera catching out unsuspecting drivers

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driving for 12 months but if he commits another driving offence his licence would be suspended for double the amount of time.

"It becomes quite stressful, you're worried about losing your licence, the ability to be mobile," he said.

"There's so much that's wrong with that particular section of the road, and it definitely seems that they're trying to trap us."

"I feel sorry for any driver that is getting caught out on that road."

Another resident, Matilda Hsu, said her partner was fined about 5.45am for travelling less than 60km/h while on his way to work earlier this year.

"The speed camera got him five minutes after he left the house. It was dark and there was not enough light to see the speed limit," she said.

"He assumed it is an industrial area, so he thought the speed limit was 60km/h.

She hoped authorities would reconsider the speed limit or ensure the signs could be more visible.

"Some people rely on driving for a living and cannot risk losing points or even their licence."

According to the government, the statistics showed that the "vast majority" of drivers were following the rules and that the government's road safety camera network was deterring dangerous driving. ●

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Pandemic therapeutics centre announced for Melbourne following historic \$250 million donation

WORDS BY *Kaylah-Joelle Baker*
HEALTH

The establishment of Parkville's very own global centre for pandemic therapeutics has been announced following a significant philanthropic donation from international businessman and philanthropist Geoffrey Cumming.

The donated amount of \$250 million to the University of Melbourne to establish the centre within the Peter Doherty Institute for Infection and Immunity, marks itself as the largest philanthropic donation made to medical research in Australia's history.

Mr Cumming is a Canadian and New Zealand citizen who now resides in Melbourne, and his donation has been remarked as "critical to establishing a centre of this global size, scale, and significance", according to University of Melbourne Vice-Chancellor, Professor Duncan Maskell.

Now appointed the Cumming Global Centre for Pandemic Therapeutics, the centre will be dedicated to a 20-year research program and used to develop new technologies to treat future pathogens of pandemic potential.

"This new global medical research centre is conceived as a long-term initiative to provide greater protection for global society against future pandemics," Mr Cumming said.

"It will attract top researchers and scientists from Australia and around the world, on long-term contracts, in a collaborative medical research effort which is designed to enhance global resiliency."

Mr Cumming said it was also the centre's objective to become the top pandemic therapeutic research centre globally, and through creating solutions it can help with "minimis[ing] the impact of future pandemics".

While the centre is being established at the Doherty Institute, it is said that it will eventually be relocated to the new Australian Institute



▲ L-R: University of Melbourne Vice-Chancellor Professor Duncan Maskell, Doherty Institute director, Professor Sharon Lewin, and philanthropists Anna and Geoffrey Cumming.

for Infectious Diseases (AIID) which is set to open in 2027.

The \$650 million AIID centre has been funded by a \$400 million investment from the Victorian Government, along with funding from the University of Melbourne, the Doherty Institute and the Burnet Institute.

The government has also backed up the AIID funding with an additional \$75 million investment into the establishment of the Cumming Global Centre for Pandemic Therapeutics.

"This is an investment in our leading medical researchers to create life-saving therapeutics and vaccines for infectious diseases and help us fight future pandemics," Premier Daniel Andrews said.

A recently released 2022-2032 Health and Medical Research Strategy from the state government outlined a vision for Victoria to continue to be a global leader in medical research, and it seems the funding into both institutes has made this clear.

Acknowledging the "significant contribution" from the government, Doherty Institute director Professor Sharon Lewin also deeply thanked Mr Cumming and his family, labelling the funding a "transformational gift" that will see great changes occur.

"An effective pandemic response requires both vaccines and treatments but innovation in anti-pathogen therapeutics has lagged in comparison to vaccines, with \$137 billion publicly invested globally in vaccines compared to just \$7 billion in therapeutics during the first 12 months of the COVID-19 pandemic," Professor Lewin said.

"The Cumming Global Centre for Pandemic Therapeutics will focus on research in emerging, high potential molecular platforms and computational techniques to develop new therapeutics with unprecedented speed."

The Doherty Institute is aiming to leverage Mr Cumming's philanthropic donation over the next 10 years with a goal of raising a total of \$1.5 billion already in place. ●



▲ 59.8 per cent of Melburnians want the date to be changed. Photo: Mitchell Luo, Unsplash.

Change the date: locals, council back Australia Day change

WORDS BY *David Schout*
COUNCIL AFFAIRS

City of Melbourne councillors, residents and businesses owners have all shown majority support to move Australia Day away from January 26.

A survey of more than 1600 locals and traders, held by phone between August 4 and 7, revealed that almost 60 per cent of respondents want to see Australia's national day celebrated on a different date.

The independent poll showed that almost double the number of people (59.8 per cent to 31.6 per cent) backed a change compared with those who did not. A remaining 8.6 per cent of respondents expressed a neutral view. The survey also highlighted that "women, people aged 49 and younger, and those with higher education levels were more likely to support the change of date for Australia Day". ●

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Your City of Melbourne community update

IT ALL HAPPENS IN MELBOURNE

The city will come alive with an exciting calendar of new events from now until December

A winter music spectacular and an alluring floral installation are among 18 activations set to delight Melbourne visitors in the coming months.

This round of City Activation Grants will deliver more than \$800,000 to support exciting pop-ups, performances and events from now until December.

The \$1.75 million grant program by the City of Melbourne and Victorian Government will bring more people to the city to support local businesses, boosting foot traffic and spending.

Lord Mayor Sally Capp said Melbourne is renowned for its art, music and cultural offerings.

“We know Melburnians and visitors alike can’t get enough of the city’s spectacular array of pop-up activations and activities,” the Lord Mayor said.

“The City Activation Grants program will give people yet another reason to explore every corner of the city,

with pop-up salsa dancing, music jam sessions and video and augmented reality experiences among the line-up designed to entice people in.”

Events coming to the City of Melbourne in 2022 include:

Winter Sessions – bringing together emerging and established Melbourne musicians to create live music hubs at the Queen Victoria Market precinct, Lygon Street and Alexandra Gardens in August.

Creek Chat – a sound-based public art intervention amplifying the underground waterway Williams Creek in the CBD, acknowledging the journey the creek has been through on Wurundjeri Land.

The Greenhouse Conservatory – converting the waterside precinct in Docklands into a floral wonderland with spring-themed street art installations and projections in September.

Dock Your Bike – providing valet-style bike parking in Docklands, encouraging riders to make the most of the city sunshine in September.

Salsa in the City – dancing and live music jam sessions across the city from September to December, taking place at Queensbridge Square, Dukes Walk and Collins Landing.

Remember the Wild – an augmented reality experience of Melbourne’s past and future.

City Activation portfolio lead Councillor Roshena Campbell said events are the key to driving Melbourne’s recovery.

“We’re doing everything we can breathe new life into Melbourne as our business owners bounce back from the pandemic,” Cr Campbell said.

The City Activation Grants are part of the landmark \$100 million Melbourne City Recovery Fund – a partnership between the City of Melbourne and the Victorian Government to stimulate the economy and bring the city to life.

To stay up-to-date with events and activities in the City of Melbourne, visit whatson.melbourne.vic.gov.au

IN BRIEF

ARTPLAY IN SEPTEMBER

There’s an abundance of arts experiences for children to explore year-round at ArtPlay at Birrarung Marr. Bring along your little ones and get ready to craft and play, with creative workshops and interactive exhibitions.

Visit melbourne.vic.gov.au/artplay

HOMELESSNESS AND FOOD SUPPORT

Everyone deserves access to safe and affordable housing and food. If you or someone you know is experiencing homelessness or food insecurity, check out some of the ways we’re here to support.

Visit melbourne.vic.gov.au/homelessness

KEEP IN TOUCH WITH US

Be first to know about what’s happening in your neighbourhood – from amazing events to new community facilities – with our City of Melbourne newsletter.

Sign up today at melbourne.vic.gov.au/subscribe to get the latest news straight to your inbox.

RETURN OF FRUIT AND VEG TRADERS TO A AND B SHEDS AT QUEEN VICTORIA MARKET

We’ve wrapped up the latest stage of restoration works on the heritage sheds at Queen Victoria Market, which means your favourite fruit and veg traders have returned to their original stalls in the A and B Sheds.

To keep up-to-date on the works happening across the market, visit melbourne.vic.gov.au/qvmrenewal

BUSINESS SUPPORT

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Visit melbourne.vic.gov.au/business

TELL US ABOUT YOUR NEIGHBOURHOOD PRIORITIES

Our city is a dynamic place made up of 10 unique neighbourhoods – Carlton, Parkville, East Melbourne, West Melbourne, North Melbourne, Kensington, Docklands, South Yarra, Southbank and the CBD Hoddle Grid – and each have their own needs, services and priorities.

In 2021, we began working with a new neighbourhood model, focusing on listening to you to help us plan our services and activities. We asked for your feedback to identify your neighbourhood priorities. Using your feedback, we are developing new digital Neighbourhood Portals that will act as interactive one-stop-shops for everything happening in your neighbourhood.

Our first two portals – for the CBD and Kensington – are already online. We’re now conducting the second round of community consultations for Carlton, Parkville, East Melbourne, West Melbourne, North Melbourne, Docklands, South Yarra and Southbank.

We want to speak to a diverse cross-section of the community, including residents, businesses, students, visitors and workers – to share the draft neighbourhood priorities identified by community members and to find out if there is anything missing.

This feedback will help us ensure the Neighbourhood Portals will serve your needs and that we have identified the priorities for your community.

To learn about what you’ve told us so far and to have your say, visit participate.melbourne.vic.gov.au/participate-neighbourhoods



MELBOURNE GREETER SERVICE RETURNS

Discover what locals love about Melbourne by taking a free walking orientation of the city, conducted by our enthusiastic volunteers.

We’re pleased to announce that from 19 September, the Melbourne Greeter Service will resume, offering free two to four-hour orientations of the city.

The service is offered by passionate, trained volunteers who are keen to share their local knowledge of

Melbourne. Orientations in languages other than English are also available including French, German, Greek, Indonesian, Italian, Mandarin and Vietnamese.

To explore the delights of our great city on foot, book in for one of the daily 10am orientations that start at the Melbourne Visitor Hub at Town Hall. Bookings are essential.

Visit whatson.melbourne.vic.gov.au/visitor-info/greeter-service for more information.



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North Melbourne Primary School's new campus name announced

WORDS BY *Brendan Rees*
EDUCATION

North Melbourne Primary School's brand-new campus, which will see students stream through the gates next year, has been named the Molesworth Street campus.

The state government made the announcement on August 26 after the new name was put to the community vote.

Located on Molesworth St, the new school will cater for significant enrolment growth and offer a "superb education to all local students".

Under the plans, the school will feature a landscaped playground, an outdoor stage, tiered seating and flexi-space for events and performances as well as a competition-grade gym for basketball and netball.

A new kindergarten for three- and four-year-old children will be built on level five of the campus, including two rooms, and opening onto outdoor learning and play spaces.

It's a big win for the community which has campaigned for three years for the school to be a second campus of the existing North Melbourne Primary School, rather than a standalone school.

North Melbourne Primary School's Errol St campus principal Sarah Nightingale said the news of the new campus name was exciting after the school community was involved in the consultation process, adding "we may have two campuses, but we are always one school".

"It's exciting to see the new Molesworth Street campus, which will run as a Prep to Year



▲ An artist's impression of North Melbourne Primary School's brand-new campus.

Two junior campus, nearing closer to completion," she said.

"Our Errol St campus will move to a Year Three to Year Six campus model to support continuity for our current students."

Ms Nightingale said she was working closely with their leadership team and staff to support students throughout the transition period as best they could.

"Student learning will occur across both campuses and our goal is for each student to feel they belong on either campus," she said.

"We have had limited space at NMPS (North Melbourne Primary School) for a number of years due to increasing enrolments, so we welcome the new campus, the additional space and learning opportunities this brings for our students."

"It's exciting to see the ELC (early learning and care) on level five take shape also and I look forward to building on those relationships with the provider and families in the future."

The new campus name was revealed among 13

new schools set to open for term one, 2023.

Minister for Education Natalie Hutchins said it was "exciting to be one step closer to these new schools opening their gates to thousands of new students in our fastest-growing areas, as part of our promise to open 100 new schools across Victoria by 2026."

"It's so important for families and young people to feel connected to their local schools, and we're thrilled the community has had their say on these names that really reflect the area's culture, history and environment," Minister Hutchins said.

The state government has provided more than \$43 million in funding towards the project.

Greens state MP for Melbourne Ellen Sandell said earlier this year there was some concern that the government was pushing to make the two school campuses quite separate.

"I'm pleased that after strong advocacy by me and the local community, the government has seen sense and confirmed the Molesworth St campus will be properly integrated with the existing campus, so we'll have one united North Melbourne Primary School community," she said.

"This means we'll have one campus for Prep and Years One and Two, and one campus for Years Three to Six, so all kids get to use both sets of facilities throughout their school journey."

The construction of the new school was raised at the City of Melbourne's June 14 meeting, which was held in North Melbourne.

A resident asked a question if there had been consideration given to the escalation of traffic and pedestrians and landscaping on the street level, which Lord Mayor Sally Capp advised the council would take on notice. ●



▲ Pot plants were stolen from the front yard of a Kensington home.

Plant thieves strike again in Kensington

CRIME

A Kensington resident has been left fuming after a green-fingered thieves stole pot plants from her front yard.

Sarah, who asked not to use her surname, said someone had entered her front gate on McCracken St sometime on August 30 before taking off with two decorative pots filled with succulents sitting on the steps of her front yard.

The incident comes after *North West City News* reported in November last year that residents were installing home security cameras and padlocking their gates as they sought to ward off low-life thieves targeting their gardens.

Sarah said while the pots were not of sentimental value as she collected many of her pots from people giving them away or from hard rubbish, she was disturbed opportunistic thieves had targeted her home.

"It has left me feeling frustrated, violated and extremely angry. More police patrolling would be good as it is not just garden theft that goes on around here," she said.

Sarah said she had discovered the pot plants missing upon her return from the shops after her husband had noticed the front gate open.

She said neither she or her neighbours had CCTV and had turned to social media in the hope that someone may have witnessed the incident but to no avail.

"I have come to accept that I probably won't get my potted plants back and to be honest I'm surprised it hasn't happened earlier. I have had someone pull plants out of my front yard before, but pots have never been taken," she said.

She added someone had uprooted some large succulents from her front yard a few years back when one of her gate's latches was broken and left ajar.

Victoria Police crime prevention officer Glenn McFarlane said victims of plant theft should make a police report and recommended that residents install motion sensor lights and CCTV to deter possible offenders. ●

Court House Hotel set to be brought back to life

WORDS BY *Brendan Rees*
HERITAGE

North Melbourne's historic Court House Hotel is set to undergo a makeover, according to the venue's management, casting aside doubt of the building closing for good or falling into the hands of developers.

The pub, which is believed to have stood at the corner of Errol and Queensberry streets since the gold rush era, was listed for sale in January after having gone through troubled times during the pandemic.

But as reported in July by *North West City News*, it was understood the pub was taken off the market as the owners sought negotiations to sign up a new tenant.

At the time it raised hopes within the community that the venue's charming timber bar and restaurant area would be back in operation.

This was reassured after the venue's management posted a message to its Facebook page in August saying the team was "busily working away to breathe new life into your old local".

"We are hoping to recapture some of the essence of what made The Court House special," it read.

"Some of us remember eating here in the mid noughties when it was serving the best gastro



▲ Court House Hotel when it was being listed.

pub fare in Melbourne."

"Apart from the fond memories, we have fallen in love with the character and charm of the place. Our plan is to celebrate and build upon these elements."

The message concluded by saying its team would "post progress shots along the way" and keep the community updated on "reopening dates as the time draws nearer".

"Looking forward to serving you cold beers and warm smiles over the timber soon."

The post was signed off by the Naughtons Hotel team. It is not known if they are part of the Naughtons Hotel in Parkville, with management unable to be contacted for comment.

The news of the pub's future comes as the

Victorian Commission for Gambling and Liquor Regulation is currently reviewing a recent application by the Court House Hotel in July that sought an "endorsed person" variation to its current liquor licence – which raised speculation of the pub possibly reopening to the public.

Endorsement applications do not involve any changes to the licence conditions such as operating hours, area, patron capacity or nature of activities, but rather seek an additional person or entity to be endorsed on the licence, allowing the endorsed person/s to continue the business under the same licence or permit.

The owners and tenants of the pub declined to be interviewed earlier this year.

After the pub shut, its dining room was transformed into a theatre as an improvised theatre company called Impro Melbourne hosted shows, which now has its own space in Stanley St, West Melbourne.

According to the Hotham History Project, a community group with an interest in the history of North and West Melbourne, the Court House Hotel was originally owned by Samuel Lancashire, mayor of the municipality in 1869.

The North Melbourne Library has an image on file of the building from 1870 before the building was believed to have been rebuilt around 1935. ●



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▲ NWMPHN chief executive, Christopher Carter.

New respiratory clinic for kids opens in North Melbourne

WORDS BY *Jack Hayes*
HEALTH

A new GP-led respiratory clinic (GPRC) for kids has opened in North Melbourne, connecting children with respiratory symptoms to doctors and nurses.

The aim of the clinic is to avoid unnecessary trips to hospital emergency departments, and so reducing strain on our health system.

The clinic, which is located at 505 Abbotsford St, North Melbourne, is part of a joint venture operated by community health service, Cohealth, commissioned by the North Western Melbourne Primary Health Network (NWMPHN), and funded by the Victorian Department of Health.

The clinic is free, and no Medicare card is required.

“Keeping kids out of hospital is a number one priority for everyone, and these new paediatric GP respiratory clinics give parents a pathway that doesn’t involve going to emergency departments,” Cohealth chief executive, Nicole Bartholomeusz said.

The clinic is designed to meet the need for after-hours treatment with open times from 6pm to 11pm on weekdays, and 10am to 6pm on weekends.

As well as treating children with respiratory illnesses, including COVID-19, the clinic will test and treat the parents who bring them.

“We will treat the whole family – parents and their children are welcome,” said Ms Bartholomeusz.

According to NWMPHN chief executive, Christopher Carter, the new clinic will “mean families can all be treated at the same location, by the same GP.”

“This child-focused GPRC is located close to the Royal Children’s Hospital so is easy to reach,” he said. “It represents an excellent, free alternative to taking your children to the Emergency Department. Of course, if the child is in severe distress, you should still call an ambulance on Triple Zero (000).” ●

West Melbourne build-to-rent development reaches “topping out” milestone

WORDS BY *Kaylah-Joelle Baker*
BUILDING

Sentinel Fund Manager Australia has celebrated the “topping out” of its first Victorian build-to-rent apartment development The Briscoe ahead of its scheduled March 2023 completion.

The estimated \$150 million West Melbourne build is a collaborative project with Melbourne family-run construction partner Crema Constructions and project architects Rothelowman.

The milestone to celebrate finishing the project’s structural phase was commemorated on August with Lord Mayor Sally Capp saying on a site tour that it would only add value to Melbourne’s housing landscape.

“I welcome more quality housing supply in our city, especially when it is combined with community facilities and environmental outcomes,” Cr Capp said.

“Melbourne is Australia’s most liveable city, and it is projects like The Briscoe by Sentinel that continue to strengthen that title.”

As the Australian branch for leading American development and real estate investment firm Sentinel Real Estate Corporation, the project will be the developer’s third completed build-to-rent in Australia.

The West Melbourne development will be home to 172 premium apartments with one- to three-bedroom layouts available across its seven levels.

Its design has also significantly leant on goals of being the most sustainable and environmentally conscious it can be, with Sentinel aiming for a carbon neutral certification and a five-star Green Star rating from the Green Building Council of Australia upon completion.

The build will consist of a green power supply, embedded network metering, electric



vehicle charging, 121 bicycle parking spaces, carbon neutral flooring and surfaces, and full, high-efficiency Fisher & Paykel appliance packages in all apartments.

Careful thought has also gone into ensuring The Briscoe is a space with a connected community, with facilities such as a gym, a rooftop terrace, a residents’ lounge and dining area, and a landscaped, green inner courtyard at the building’s centre.

Managing director of Sentinel in Australia Keith Lucas said he hoped all the elements would empower residents to live greener lives.

“It will offer residents a refined, highly

sustainable and community-focused lifestyle, creating a sense of place within and adding to West Melbourne’s existing character,” Mr Lucas said.

“The Briscoe has been thoughtfully designed outside and in for a renter-oriented living experience. The design draws heavily on the eclectic industrial heritage of the site and Art Deco influence of the iconic Briscoe and Co signage.”

The signage and name of The Briscoe pays homage to the Briscoe & Company Limited warehouse that formerly stood at the Roden St site – moulding contemporary architecture with the site’s established history. ●

Kensington Neighbourhood House celebrates after securing ongoing funding

WORDS BY *Brendan Rees*
COMMUNITY

Kensington Neighbourhood House will continue to provide essential services to the community after locking in funding from the state government.

Minister for Disability, Ageing and Carers Colin Brooks announced on September 1 that \$6.6 million would be provided to the 400 Neighbourhood Houses across the state in ongoing annual funding with \$19 million in additional funding over the next three years.

Neighbourhood and Community Houses have been particularly important during the pandemic, with many distributing personal protective equipment, providing advice, and acting as testing or vaccination sites.

They also provide critical services in childcare, employment, education, training, and opportunities to volunteer in local communities.

Kensington Neighbourhood House manager

Rebecca Smith said news of the funding was a “fantastic outcome” for all neighbourhood houses.

“It takes away uncertainty, and it means we can plan ahead with confidence and continue to meet community needs going forward,” she said.

Ms Smith, who was recognised for her outstanding community leadership at the Rotary Flemington Kensington president’s dinner in July, said this local hub offered a range of programs from recreational to wellbeing services to break down social barriers, connect people to their local community, and give them a greater sense of belonging.

Ms Smith said earlier this year that it had been a tough time with the COVID-19 pandemic, but she was proud of “everything we have done to make it a little easier for our community”.

Kensington Neighbourhood House is funded through the Neighbourhood House Coordination Program for 40 coordination hours a week, which equates to about \$146,000 per year.

A Victorian Government spokesperson said the recent funding announcement for the Neighbourhood House sector meant the fixed term funding would be provided on an ongoing (recurrent) basis.

From 2022-23, record funding of more than \$42 million a year will be delivered to almost 400 Neighbourhood Houses, 16 Neighbourhood House networks and the peak body Neighbourhood Houses Victoria as part of the Neighbourhood House Coordination Program.

Mr Brooks said the government was proud to continue to support Neighbourhood Houses, allowing the hubs to “play a vital role in successfully building vibrant Victorian communities”.

“The powerful role of Neighbourhood Houses has never been more evident than the way the sector stepped up to provide assistance to Victorians through the pandemic,” he said.

Kensington Neighbourhood House is open 9am to 5pm Monday to Friday. Visitors are welcome. ●

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“Bigger” North Melbourne pocket park a step closer

WORDS BY *Brendan Rees*
PLANNING

A pocket park in North Melbourne is a step closer after draft concept plans were released following community feedback last year.

The City of Melbourne is looking at four options that would transform two existing reserves at Bedford St and Courtney St to create a “bigger and better” pocket park for the community, thanks to funding from the state government’s Suburban Parks Program.

The Bedford St Reserve is an elevated, grassy open space situated between Courtney, Capel and Bedford streets while across the road, the Courtney St Reserve is a smaller triangular green space with young trees.

Under the plans, in which the community is invited to have its say, the Bedford St pocket park would increase the current green space by up to 1500 metre squares with new garden beds, trees, and a lawn.

Facilities would include a barbecue and picnic area, a playground for children of all ages, and a new pedestrian crossing.

A community activity space with a table tennis table is also proposed with other additions including a drinking fountain, a nature/discovery play area, a park seat, a cubby house and more.

The proposed pocket park would improve local area cooling and stormwater retention, as well as slowing local traffic.

However, the council will begin a public notice process to discontinue portions of road that are existing or proposed to become public parkland – which would involve removing a section of the eastern end at Courtney St. Public submissions for this proposal close September 29.

The council’s environment portfolio lead Cr Rohan Leppert said the proposed park would deliver huge benefits to the whole community.

Cr Leppert said new native plantings, street furniture and play equipment would create



▲ An artist’s impressions of the proposed Bedford St pocket park.

a place for “people to gather, exercise and relax” while also increasing the city’s canopy cover which “plays a vital role in maintaining Melbourne’s liveability and helping to combat climate change”.

“We’re working to create more green, open spaces across our city – that’s why we’re exploring opportunities to transform the two reserves into a bigger and better pocket park for everyone in our community to enjoy,” he said.

“We’re now seeking community feedback on our draft concept plan for the Bedford St pocket park, as we look to develop a final concept plan for this space.”

North Melbourne resident and Professor of Urban Planning at the University of Melbourne Brendan Gleeson praised the council for the quality of the proposed park’s designs, saying it should be “strongly commended”.

“In an area undergoing significant intensification this will provide valuable new green space and recreational amenities,” he said, adding the new playground and barbecue facilities

would greatly widen the park’s usefulness and user community.

“The improvements to the currently neglected Peel St end are particularly well planned. I strongly urge the inclusion of a public toilet in the redesign to ensure the park’s usability and thus effectiveness as a newly inclusive space.”

“The successful recent introduction of a toilet in Gardiner Reserve has demonstrated how such facilities support a wide community use.”

The community can share its thoughts on the draft concept plan by completing an online survey which closes September 29. ●

For more information:



Empowering women through the written word

WORDS BY *Kaylah-Joelle Baker*
COMMUNITY

City of Melbourne libraries have partnered with non-profit organisation Hotham Mission to provide Womempower book club sessions.

Sessions are conducted on the fourth Tuesday of every month at the North Melbourne Library for young women between the ages of 15 and 25, and will celebrate books written by or about strong young women.

The books selected will primarily be from the young adult and new adult fiction genres, with all books carefully chosen to serve the purpose of empowerment.

“The Womempower book club is designed to be a safe and inclusive space for young women and gender diverse people to come together, read and celebrate the best in female-led literature,” Deputy Lord Mayor Nicholas Reece said.

“Programs like this not only educate but empower our up-and-coming generation of fearless women with the knowledge and skills they need to go on and make a real difference.”

The latest session was conducted on August 23 and explored Wai Chim’s *The Surprising Power of a Good Dumpling*, which delves into the experiences of mental illness, paired with culture, love and family.

The Womempower program was started by Hotham Mission as a participant-led program aimed to empower young women by building community through social connections.

The program continues to provide young women with online meeting sessions, and strives to be a space for friendship, fun and opportunity.

Due to school holidays the next session will be taking place on Friday, September 23, and will explore Ali Hazelwood’s romance novel *The Love Hypothesis* which was published last year.

Sessions are conducted between 4.30pm and 5.30pm, and the October and November sessions are already scheduled, with *How We Love* by Clementine Ford and *One Hundred Days* by Alice Pung on the reading list. ●

Seven charged over aggravated burglaries; one in Kensington

WORDS BY *Brendan Rees*
CRIME

Seven people have been charged following a string of aggravated burglaries across multiple suburbs including Kensington.

Victoria Police Maribyrnong Crime Investigation Unit and Port Phillip Crime Investigation Unit detectives are investigating seven incidents that took place between August 22 and 28.

One incident involved two males allegedly entering a property on Speakman St, Kensington, where they allegedly stole car keys and bank cards, which were used to make fraudulent transactions across Melbourne.

In nearby Maribyrnong, police allege four offenders attended a Hillside property where car keys for a Mercedes Benz were stolen. They drove off in the car, in which they also allegedly stole the victim’s wallet, bank cards, and horse racing equipment.

In another incident, police said four offenders forced open a garage door on Woodruff Ave, Maribyrnong, and stole two sets of car keys.

“Two of the offenders fled the scene in a Kia Carnival, stolen from the address. The other two offenders fled the scene on foot and were arrested by police,” a police spokesperson said.

The crime spree also saw a Jeep Wrangler stolen in St Kilda as well as car keys, a laptop and bank cards allegedly stolen from a property in St Kilda West.

Additionally, thieves targeted properties in Brighton and Altona North where bank cards were allegedly stolen and used in a series of fraudulent transactions.

Of all the incidents, police recovered two of the stolen vehicles.

Police have charged five men and two women aged from 24 to 34 – four of whom are from South Australia, and one man from from NSW – with a string of offences including aggravated burglary, theft of motor vehicle, theft, obtaining property by deception and handling stolen goods, among others.

They were all remanded to appear at court except for a 31-year-old man who was bailed to appear at Ringwood Magistrates’ Court on November 10.

Meanwhile, in a separate matter, police arrested a man in Kensington after two people were allegedly stabbed during an incident in Ascot Vale on August 8.

The victims were a 46-year-old man from Moonee Ponds and a 60-year-old woman from Ascot Vale. They were both taken to hospital with non-life-threatening injuries.

The male victim has since been released and the woman remained in hospital.

“It’s alleged an altercation occurred between three people, known to one another, outside a property on Churchill Ave about 6pm,” a police spokesperson said.

Police said a 56-year-old Ascot Vale man was arrested over the alleged stabbing on August 9 during a police intercept in Kensington Rd, Kensington, at about 2 pm.

A witness told 3AW he saw a driver hit a tree after trying to escape police. He said a police helicopter had circled overhead and a man was put in the back of an ambulance.

Moonee Valley Crime Investigation Unit detectives have charged the man with false imprisonment, two counts of intentionally causing injury, two counts of reckless conduct endangering serious injuries, two counts of assault with a weapon, making a threat to kill and failing to stop on police request. ●

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ANYTIME FITNESS

Kensington Compost Hub creating positive environmental change

WORDS BY *Kaylah-Joelle Baker*
SUSTAINABILITY

After seeing a rise in compost material coming back into the hub, the Kensington Town Hall Compost Hub (KTHCH) has resumed Sunday sessions for volunteers to come together.

The sessions have been starting consistently from 11am for the past few weeks, with a core group of up to 10 volunteers regularly involved in the running of the space.

The increase in the service being needed is a positive development for KTHCH after the past couple of years saw the filling up of the compost bays start to slow down due to the pandemic and the council offering a Green Waste Collection service.

While KTHCH believes Green Waste collection does have a place, compost hub committee member Dave Goodman said the service was still dependent on the use of high energy sources.

“Community composting is basically powered by humans and it doesn’t generate the same waste that is generated through the plastic [wheelie] bins we put on the side of the road



each week that break, need to be replaced, and go to landfill,” Mr Goodman said.

“I am a huge believer in local composting because you are keeping nutrients for growing food in your own community and that supports food growing and it supports community gardens.”

“I think we are a key part of Kensington because we also create opportunities for people to interact and share places in the community together.”

The Kensington Compost Hub, alongside

the Stockyard Food Garden, were officially launched in mid 2018 with an impressive crowd of 150 people there to commemorate the positive initiative in the suburb.

The beginning of the hub and garden started from a proposal put forward by the City of Melbourne earlier that year after a call went out for expressions of interest to be submitted.

Mr Goodman was involved from the very beginning of the discussions, and said the idea of setting up both the garden and the hub was ideal because they “complemented each other” and provided a “closed loop food system” in Kensington.

The start of KTHCH came with some funding from the council which allowed for the hub to have its very own employed compost worker for three to four hours per week, to turn the compost piles and train people up.

After six months of having the employed worker on site the funding ran out and was not renewed, leaving KTHCH to become a site relying solely on volunteers.

Despite the change, Mr Goodman said the volunteers were able to rally together and continue to successfully manage the site with as many as “400 people signing the online form”

to express interest in being involved before the pandemic.

This interest soon tapered off with lockdowns, but there has continued to be ongoing support for the hub from volunteers across Kensington’s community gardens, neighbourhood houses and centres, and Town Hall.

Confident they are back on track in making a positive impact in Kensington after turning two full batches of compost in recent weeks, KTHCH volunteers have been busy repainting signage and instructions around the site for newcomers.

“What draws me to the hub is that we are able to provide an opportunity for people to have a positive environmental impact that just wouldn’t exist if we didn’t support local composting,” Mr Goodman said. ●

For more information:
jotform.com/kensingtoncomposthub/registration

Locals empathise with resident’s smoke problem

WORDS BY *Rhonda Dredge*
HEALTH

Other local residents have bought into the wood fire issue, reported in last month’s edition of *North West City News*, in support of local resident Jan Lacey’s right to clean air.

Ray Cowling, a resident of Capel St, West Melbourne, read the article and has written a letter to the Lord Mayor expressing his concerns.

Mr Cowling empathises with Ms Lacey’s struggle to keep irritating smoke from a nearby chimney out of her flat.

He says the elderly are more prone to the negative effects of smoke and should be protected, particularly those with respiratory problems.

Mr Cowling said he had suffered from smoke ingress in the past and, despite papering up the floorboards and taping the windows, the smoke penetrated his house.

“In order to reduce smoke into our house we have sealed wall vents, used No More Gaps between floorboards and skirting, added timber to door frames and yet still the smoke comes in,” he said. “It’s impossible to shut the smoke out.”

The retiree has lived in Capel St for more than 30 years and he sees the smoke problem as part of a wider issue involving changes to the micro-climate in West and North Melbourne.

At the back of his house is a wall of CBD towers that weren’t there when he first moved in.

“The environment has changed so much that the regulations have to change,” he said.

“We don’t have the cooling effect at night that we used to get. We don’t get the wind coming across from the south and the east.”

He said there’s a valley running through North Melbourne where Abbotsford St dipped as it went down from Arden St and up to



▲ Ray Cowling outside his home in West Melbourne.

Flemington Rd.

“When smoke cools down it has heavy particles in it,” he said. These sink and are difficult to keep out of houses in a hollow.

In the row of terraces in Capel St, chimneys were once fitted with sewage pipes to dissipate smoke at a higher level.

“Even in Victorian times, people added sewage pipes to the top of chimneys to reduce the smoke ingress,” he said.

At his miner’s cottage in the country, he has seen the smoke from a wood-fired heater come down, travel along the side of the house, round a corner and enter the front closed window of the house.

“The problem was greatly reduced by adding a one-metre flue - note that the chimney was already high, and that the house was on top of a hill.” When the Capel St terrace was renovated, the heritage advisor said the pipes should be removed. Mr Cowling is not currently affected by smoke from nearby chimneys, but he is empathetic to those who are.

He said it was too expensive for Ms Lacey to go down the legal path. “I have a real concern for Jan’s sort of position.” ●

“I’m really an expressionist”

WORDS BY *Rhonda Dredge*
ARTS & CULTURE

It’s difficult to grab hold of the narrative and people’s attention, even for a short time in the busy city.

Kristian Shaw managed the feat when his exhibition of striking monochrome paintings opened at One Star.

He looked like a showman conjuring the oil on masonite out of the ether.

But as *Paintings*, the title of the exhibition demonstrates, this is old-school work built up over time.

Kristian is not giving anything away about the meaning of the exhibition. That is in the eye of the observer.

What he can say is that the layers of the mostly square, blueish, and pinkish paintings were painted over “romantic clouds”.

In other words, they’ve been made from scratch instead of downloaded from Rothko and given a twist.

These are not colour field paintings to Kristian but exquisite landscapes. He can see mountains and fields where the viewer sees pure colour and a few textural gradations.

“I don’t think them through,” he said. “The colour has to make sense. I mix thalo blue, magenta and titanium white with a fat medium. I have to leave it for two months. I like the quality of the paint.”

He uses a couple of different blues and roses. On another painting he has applied a mix of Prussian blue, thalo, magenta and a dash of yellow as well as white with a finishing glaze of fat medium.

“I play around with the glazes. There are finished paintings underneath that leave a telltale mark.”

In one he sees a romantic 14th century landscape,



▲ Kristian Shaw at his show on Victoria St.

in another, a harsh winter English sea and in a third, a doorway to the afterlife, which he calls “a soothing, calming, peaceful place.”

When you’re in the zone, it’s not about pleasing customers nor pandering to the neoliberal profit motive.

“I do what I want to do,” Kristian said. “It’s not complex. I don’t worry about trying to please people.” He said he loved Rothko and Turner. “Landscape could be deep space.”

Kristian still lives in St Kilda where he says there aren’t many small galleries left.

One Star is an old school gallery on Victoria St in West Melbourne with a director who knows the local art scene from the inside.

She curates two group shows a year and the list of artists is a who’s who of Melbourne talent. Where other galleries still follow a corporate model, One Star is intimate, local and approachable.

Kristian feels at home here. He’s never learned to drive and likes to walk around making observations.

“I walked here from South Melbourne,” he said. “I love the streets. I like to wander around. It’s good for you. I’m really an expressionist. Egon Schiele.”

His statement reads: “beauty and intensity of nature is primary in my thoughts and work. I try and keep it simple, keep it honest and true ... colour, texture, form and resonance.”

Paintings, Kristian Shaw, One Star, until September 17. ●




Wax Museum Records

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Open up your reading habits

WORDS BY *Rhonda Dredge*
ARTS & CULTURE

The term “unpacking” is used quite frequently in post-colonial thought to tease out issues relating to the domination of English as a language in our culture.

Carlos Eduardo Horreo is executive officer at the Centre for Post-Colonial Studies on Arden St.

On September 17, the centre will run a poetry event with an open mike.

Poets will have their chance to perform, lift spirits and open up forgotten corners for scrutiny.

What about scholars, the more pedantic language-users with their logic and their trade in ideas?

Carlos is encouraging readers to be receptive to the ideas of scholars from outside the English-speaking diaspora.

The latest issue of a journal *Postcolonial Studies* has just been released with learned articles from around the world and it is published at the institute.

“It is a special issue looking at the debate between post-colonial and decolonial approaches,” he told *North West City News*.

“The issue contains an interview with Spivak, one of the best-known and key South Asian figures in post-colonial thinking.”

Spivak was the first post-colonial scholar in the English-speaking world and, as the interview demonstrates, her thinking has changed dramatically over the past few decades to focus



▲ *Dr Carlos Eduardo Horreo with the latest journal.*

more on activism.

A scholar of politics and social theory, Carlos comes from Latin America and he grew up in a “decolonising” stream of research.

“It’s about places, the structure of society and land as well,” he said. “We shouldn’t use the term metaphorically. That would be wresting its power and turning it into another cool thing

to do.”

The institute runs a fortnightly reading group where members can really get into the nitty gritty of analysing the thinking of these important scholars.

The last meeting did a “deep reading” of a piece by Sylvia Wynter, a Jamaican thinker and this week’s discussion will focus on *Decolonising*

Anti-Essentialism by Nandita Sharma.

Fourteen scholars, researchers and activists, all of whom speak several languages, are members of the group and they’ll look at the dichotomy between the terms “indigenous” and “settler” in Australia.

“Many of us are uncomfortable with that dichotomy in that it flattens the reasons why people are here,” Carlos said.

Carlos moved to West Melbourne from Canberra during the lockdown to be close to work. He convenes the reading group, encourages people to become members, organises events and tries to avoid being seduced by Eurocentric ideas.

“I have no investment in Graeco-Roman spirit which is what philosophy is. I have no interest in a Eurocentric canon. We’re reading Global South and Indigenous,” he said, quite categorically.

He argues that it is one thing to be sympathetic to a wider perspective and another to be involved.

“I notice how easy it is to automatically return to European authors. Part of a changed world would be to open up our reading habits to the rest of the world.” ●



Rhonda Dredge
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The festival putting children’s emotional resilience and wellbeing first

WORDS BY *Kaylah-Joelle Baker*
ARTS & CULTURE

As a response to the lasting impact of the pandemic on children’s mental health and wellbeing, The Big Anxiety Festival’s Children’s Sensorium program is confronting the issue head on.

The Melbourne Naarm cultural festival is a partnership between RMIT University and UNSW Sydney, and is being collaboratively produced by RMIT Culture and Yarra Ranges Council.

While the Naarm festival officially starts on September 21 with a long list of events designed to promote curiosity, insight and action through the sharing of lived experiences, the Children’s Sensorium started on August 19 in RMIT’s Design Hub Gallery.

Children’s Sensorium curator Grace McQuilten has seen the impact of the pandemic on children first-hand through her own daughter’s experience, and she said while the issue was becoming more recognised, many families were still suffering.

“There is some pretty strong evidence showing the significant impacts of lockdown, school closures and a menacing virus circulating on young children and their sense of wellbeing and safety in the world,” Ms McQuilten said.

“It probably manifests for a lot of families in behavioural issues from their children because mental health issues aren’t always picked up or obvious.”

Reflecting on psychologists’ and support services’ long waiting lists as motivation for having a children-focused program at the festival, Ms McQuilten said the program was a positive and upbeat experience for the children.

“We have worked with a group of contemporary artists to create a space for children where they can connect with their senses, explore their feelings in a safe environment and learn some basic strategies around mindfulness, being in the body, deep breathing and regulating their emotions,” she said.

“Art in itself, and of itself, is a fantastic way for kids to process complex feelings and experiences.”

Within the Sensorium there will be things for kids to touch, smell, look at and listen to, all of which are there to encourage them to be in the present moment.

Artistic direction was also received from Boonwurrung elder N’arweet Carolyn Briggs, through a soundscape with audio from nature, water and stories, and teaches kids how connecting to country is an important aspect of wellbeing.

Kids have also been involved through the production of the program, with a co-design



▲ *Children’s Sensorium Art Magic Remnant by Hiromi Tango, photo by Dean Beletich and image courtesy of the artist and Sullivan+Strumpf.*

aspect visible in displays of their artwork.

The Children’s Sensorium is particularly suited on children between the ages of four and 11, but the positive impact of art on mental health through this sensory experience can also be beneficial for older kids and adults.

Using creative responses that stretch beyond the medical or clinical model, the festival’s co-directors Scientia Professor Jill Bennett (UNSW Sydney) and Professor Renata Kokanović (RMIT University) aim to reposition mental health as a collective community-based cultural responsibility.

According to Scientia Professor Bennett, “arts are the best means we have for sharing complex experiences.”

“[Arts] is a pathway that can show us what we may not know about ourselves and others, and it also shines a light on relationships and social settings that help or hinder mental health,” she said.

“We have seen evidence that the arts can make real and meaningful transformations and change.”

The Big Anxiety will run until October 15 and coincides with National Mental Health Month. ●

For more information:
thebiganxiety.org

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THE GREENS

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SMALL BUSINESS AWARDS

BE MY GUEST

Great food and even better service is the key to good hospitality, according to West Melbourne restaurateur Michael Cardamone.

Tucked down the west end of Victoria Street, just a few minutes walk from Melbourne's iconic Queen Victoria Market, you'll find Amiconi Restaurant.

It's the go-to spot for locals and visitors alike – those craving fresh calamari, crumbed eggplant and a carefully-crafted, superbly seasoned bowl of pasta.

It's the spot with blissfully classic signage and where the walls are veiled with the faces of its smiley, loyal patrons.

Originally a barber shop, the Amiconi family opened the traditional Italian eatery in the early 1960s.

After reaching the pinnacle of his career in finance, Michael Cardamone and his family opted to purchase the restaurant in 1982, pursuing their love for food and proudly embracing their Sicilian and Calabrian heritage

This year marks 40 years of service from Michael, and we've recognised his efforts in this year's Lord Mayor Small Business Awards.

While Melbourne has an abundance of Italian restaurants, there's one very simple and salient ingredient that differs Amiconi from the others; family – or rather – treating everyone who walks through its doors like family.

'Creating friendships and treating everyone as if they're a part of our family is at the heart of everything we do at Amiconi,' Michael said.

'One of our chefs has been here for 30 years, another for 22 – in 2007 they even became partners of the business. And our waiters are much the same.'

The restaurant's history and family-centered service aren't the only things that have earned the hearts of customers – it's the quality of service too.

'Hospitality means something. It's not just me taking your order and then dropping the food in front of you,' Michael said.

'Hospitality is "this restaurant is my home", and "you're my guest",' said Michael.

'And how do you treat a guest at home? You feed them, you make them laugh, and when they leave they immediately want to come back.'

'I prefer to say we're in the entertainment industry – and food is a huge part of that.'

Perhaps that's why Amiconi has been running strong for 40 years.

What's more, as soon as you push on that old-school brass door handle, you're instantly greeted by sparkling wine glasses atop tables set with traditional Italian tableware.

And the most charming part of it all: photographs of customers as art.

'After all, what better emphasises the history of a place than its customers?' Michael said.

'I think if a customer has been here 20 or 30 times, they're part of the family.'

'If you put a photo on the wall of someone who's a regular, it builds a lasting connection to the place – and that's what keeps people coming back.'

'Some of the recipes on the menu are ones my wife came up with in 1982.'

'We're all about doing a few things and doing them right – and this award is proof that we've been doing things right for 40 years.'

'It's a magical feeling getting to do what you're passionate about for a living.'

Find Amiconi Restaurant at 359 Victoria Street, West Melbourne.



Michael Cardamone of Amiconi Restaurant

ABOUT THE LORD MAYOR'S SMALL BUSINESS AWARDS

Melbourne is full of fantastic small business success stories.

We celebrate the people behind inner-city businesses that have stood the test of time with our Lord Mayor's Small Business Achievement Awards, previously known as the Lord Mayor's Commendations.

Among the recipients are legends who have been in business in the city for 10+, 20+ and 40+ years. We also name a Small Business of the Year – the latest winner is sleek North Melbourne design studio Grafico Group.

You can learn more about all the amazing businesses we've honoured over the years at melbourne.vic.gov.au/smallbusinessawards

KEEP IN TOUCH

To stay connected with all the latest news from the City of Melbourne, follow us on social media and subscribe to *Melbourne* magazine online at magazine.melbourne.vic.gov.au

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Patricia Chircop from Knovus



Patrick Coppel from MAKE Designed Objects

MAKE DESIGNED OBJECTS AND KNOVUS

Treat yourself to sleek Scandinavian homewares and sustainable knits brought to you by Carlton businesses honoured in the Lord Mayor’s Small Business Awards.

MAKE Designed Objects and Knovus have been named finalists in the Small Business of the Year Award.

Every beautiful product on the shelves at MAKE Designed Objects on Elgin Street must earn its place amid the other thoughtfully designed homewares, clothing and accessories.

‘A MAKE product must perform well when considered for its design appeal – both aesthetically and

theoretically, its environmental soundness, its durability, its necessity and, in some cases, its humour,’ owner Patrick Coppel said.

Over on Grattan Street, Knovus is doing impressive work at the nexus of design, innovation and zero-waste manufacturing.

‘I enjoy coming up with innovative solutions for a wide range of knit products including medical device components, furniture and sports accessories, and of course fashion,’ owner Patricia Chircop said.

MAKE Designed Objects is located at 194 Elgin Street and Knovus is located at 90 Grattan Street in Carlton.



Dr Leila Zamani

DR ZAMANI DENTAL PRACTICE

Feel cared for and walk away with a healthy smile after you visit dentist Dr Leila Zamani, who’s been in business in Melbourne for 15 years.

We’ve recognised Leila’s lasting success with a Lord Mayor’s Small Business Achievement Award.

‘Dentistry is very rewarding: whether I am taking pain away from people, helping them to get over their fear, giving them nice teeth to smile with, or helping them to have their dental health back,’ Leila said.

As a lover of sport, art galleries and cosmopolitan cities, Leila loves running a business in the heart of Melbourne.

‘Coming from Iran, I was born and bred in a big city. I love the vibe of a busy city with people around,’ she said.

‘I’m hoping to stay in business for many years to come, to continue to look after city people.’

Dr Zamani Dental Practice is at Level 6, 488 Bourke Street in Melbourne.



Tony Pierrakos

INTONE PHOTOGRAPHY

Tony Pierrakos has visited the Queen Victoria Market since childhood, taking photos with his very first camera as a boy and eventually starting his own photography business.

More than 20 years later, his images have shown Melbourne in all its moods – and Tony has received a Lord Mayor’s Small Business Award.

His subject matter ranges from urban to regional, taking in the Yarra Birrarung river, the MCG and city laneways, as far afield as the Otways.

‘One of the best parts of my job is meeting all the great customers.

They just want something to remember Melbourne by. When you get someone from Paris saying how much they love Melbourne, that’s a special thing to hear,’ Tony said.

Composing scenes over the decades, he’s seen numerous changes in the city he knows so well. Even during the pandemic he found a way to keep an idea alive. His book *STILL Melbourne* is a collection of photos taken during the lockdowns.

Find Intone Photography at String Bean Alley (M Shed) at Queen Victoria Market.



AMERICAN RAG

Meet the woman who’s been bringing vintage style to Melbourne streets for 30 years.

It took some fancy footwork for Eileen Carney to secure a shopfront in the new Melbourne Central complex in the early 1990s.

People told her there was no market for second-hand clothes. And yet, having grown up in New Jersey where the vintage rag trade was emerging, Eileen trusted her instincts.

Vintage was coming to Melbourne, and she was just the person to bring it.

She lovingly stacked her tiny shopfront with America’s finest vintage jeans, outlandish coats and

Southgate complex in 1994 and stayed for 28 years. American Rag in QV Melbourne has been a fan favourite for 14 years.

‘I love everything in my shops. I love super-old glamorous vintage, old t-shirts, old denim, everything in between,’ Eileen said.

She estimates that American Rag has imported and rehomed some 300 tonnes of quality vintage gear over the past three decades.

And she’s still going strong. We recently recognised Eileen’s lasting success with a Lord Mayor’s Small Business Achievement Award.

Find American Rag at 15-17 QV

Vocal bike lane critic pushed out of transport role

WORDS BY *David Schout*
TRANSPORT

A councillor who has consistently criticised the City of Melbourne's bike lane rollout has been replaced in her role as deputy chair of the transport portfolio.

Cr Roshena Campbell was told her position was untenable after continued criticism of the rollout within the council chambers and what she termed "anti-car measures" at Town Hall.

The first-term councillor has also made her feelings known in various media in the past 12 months, and has now been replaced by Labor councillor Davydd Griffiths.

At an August 30 council meeting, Cr Campbell revealed that she had been given a none-too-subtle hint that her position should be vacated.

"It has been put to me that it would be difficult for me to continue as the deputy of the transport portfolio given my significant concerns about the bike lane rollout," she said.

"I've made those views clear in this chamber, in particular my opposition to the anti-car measures in council's transport policy, and our failure to fix issues with existing bike lanes."

The council has rolled out around 20kms of new bike lanes in the past two years, and had plans for a further 30km of new lanes by 2030.

The installation of physically separated lanes often sacrificed a motor vehicle lane, as it has on Queensbridge St (which reduced from two vehicle lanes to one) and in some cases has contributed to increased congestion for drivers.

The council has maintained that the Transport Strategy 2030 — the overarching blueprint guiding transport works within the municipality — was not "anti-car", but rather an overdue redistribution of space for both pedestrians and cyclists.

However Cr Campbell was stringently against the rollout, and argued it was stunting



▲ Councillor Roshena Campbell Source: City of Melbourne

the CBD's economic recovery.

"City traders tell me every day that the bike lane rollout has deterred customers. City workers and visitors tell me they have made it harder to come to the city," she said.

"I am required to respect council's decision to roll out bike lanes, but given my views, I will not longer serve as deputy in this portfolio."

Lord Mayor Sally Capp — whose ticket Cr Campbell ran on during the 2020 council election — thanked the councillor for "acting



▲ Cr Campbell was a vocal critic of the City of Melbourne's accelerated bike lane rollout.

so diligently" in the transport role for almost two years but said her "contrary" views to the Transport Strategy 2030 made things difficult for her to continue..

"Once a council strategy has been endorsed, then the focus moves to good governance and communication of that strategy. And that's why we're considering this item (replacing Cr Campbell)."

Cr Campbell has increasingly found herself to be the odd-one-out within the council chambers on the issue of bike lanes.

While the outspoken councillor has received support within the chamber on other controversial issues — namely the introduction of a medically supervised injecting facility within the CBD — on bike lanes she has largely been a sole dissenting voice.

In June this year, she was the sole councillor to vote against a pause on the rollout within the Hoddle Grid until July 2023, arguing it "does nothing to fix the issues that exist".

However it was late last year that Cr Campbell's conflicting views were best laid bare, and arguably when her position began to become untenable.

In June 2021 the City of Melbourne commissioned an independent review into

post-pandemic transport trends in the city, to investigate whether the Transport Strategy 2030 required adjusting.

At the time, Cr Campbell said the Deloitte review could be an opportunity to wind back Town Hall's aggressive rollout of bicycle lanes throughout the city, in favour of space for cars.

She declared that "riding your bike is not how you get into the city".

"In my view it may be the case that some of that work will be found to be inconsistent with what is necessary to support our city's recovery and at that point, if it is the case, decisions will need to be made," Cr Campbell said at the time.

However five months later, when the Deloitte report landed at Town Hall, the council's transport strategy was not only backed, but it even called for "larger, more permanent" separated bike lanes.

A proposal to remove bike lanes as a way of increasing road and parking capacity was refuted in the report, scoring "low" in terms of how it would impact reactivation, and "moderate" in terms of its value for money.

New deputy chair of the transport portfolio Cr Griffiths said he was "really excited" to be taking on the role and taking on the "broad suite of issues" that it encompassed. ●

How one zine that shares lived experiences is helping homeless people with what they need to know

WORDS BY *Kaylah-Joelle Baker*
PHOTOGRAPHY BY *Murray Enders*
COMMUNITY

Not-for-profit health agency Cohealth and the City of Melbourne have joined forces for a unique project that will help support people with current and past experiences of homelessness.

The project will involve the writing and distribution of a zine called *Need to Know*, which will be centred around providing both advice and information about services for people living on the streets.

Zines are small self-published works of text and images that are photocopied to make a limited number of physical prints.

Within the editorial committee of eight who meet fortnightly at the Kathleen Syme Library in Carlton, where they are provided with free printing and a space, are Cohealth peer workers with lived experiences of homelessness.

One of the Cohealth peer workers now assisting with leading the zine is Caitlin Gough, who is using her personal story and experience of when she became homeless during the pandemic to help others share their story.

"You can't learn what we know, you have to live it. It's coming from the inside, it's not the outside speaking in," Ms Gough said.

Currently living in temporary accommodation, Ms Gough said she was "proud" to be sharing her experience through the zine, despite still finding it tough.

The zine includes advice on how to get a vaccination certificate if you don't have a phone, updated lists of food, shower and laundry services, and will soon share articles about going through rehab and caring for your pet while homeless.

While already seeing its positive impact following a demand for an increase in copies to



be printed, Cohealth peer worker and *Need to Know* editor Spike Chiappalon said "the process is as important, if not more, than the outcome".

"There's also the psychosocial aspect [for the members] of hanging out with other people with a shared experience and having a common goal," Mr Chiappalon said.

"We decide collectively what will be in each edition, then we all go away and do research, talk with people, and share our findings. Everyone is involved every step of the way with writing, researching, printing, and deciding where to distribute."

Through the project, the City of Melbourne's Kathleen Syme Library has also been able to provide upskilling opportunities through

graphic design tutorials and digital literacy support.

But more importantly, Mr Chiappalon said the opening of the library's doors through the project has also helped break stereotypes that are often associated with people experiencing homelessness.

"There's a myth that homeless people are lazy or criminals, and that stereotype leads to people withdrawing from social participation, or even from occupying public spaces that they are entitled to, like libraries," Mr Chiappalon said.

To further break the stigma and encourage homeless people to feel comfortable going into libraries and accessing resources, the 300 hard copies of the bi-monthly *Need to Know* editions

“

There's a myth that homeless people are lazy or criminals, and that stereotype leads to people withdrawing from social participation, or even from occupying public spaces that they are entitled to, like libraries

”

can be collected from Melbourne Town Hall, community centres, youth spaces and City of Melbourne libraries.

"We're doing everything we can to ensure our libraries are a welcoming and inclusive place for everyone in our community — no matter their circumstances," Lord Mayor Sally Capp said.

"Melbourne is a caring city, and we believe everyone deserves access to vital services and safe spaces to connect with others.

"We're proud to support Cohealth's *Need to Know* zine initiative by providing a safe space for its contributors to share their stories and experiences." ●



Kaylah-Joelle Baker
JOURNALIST

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BUSINESS

World-class fertility treatment comes to South Melbourne

Dr Moses Abe, an internationally recognised obstetrician, gynaecologist, and Monash IVF specialist, has recently relocated his highly-regarded Melbourne Fertility Clinic to South Melbourne to better service the inner-city community.

WORDS BY *Sean Car*

Specialising in the fields of obstetrics, gynaecology and reproductive medicine, Dr Abe's experience in fertility spans three decades and his clinic offers a vast range of a high-quality medical and support services difficult to find elsewhere.

Dr Abe is a registered medical practitioner who studied and practiced in Ireland and the UK before moving to Australia in 2010, where

he has been servicing communities around Victoria ever since.

With an ever-growing demand for fertility services in South Melbourne and its surrounds, he told *CBD News* that he recently moved his clinic from Carlton to the South Melbourne Medical Hub on Cecil St to fill a desperate void in the region.

Melbourne Fertility Clinic specialises in a range of services, including fertility check-ups, egg freezing, advanced laparoscopy for endometriosis and infertility, ovulation induction and intrauterine insemination, genetic screening and surrogacy, among many others.

But it is perhaps the clinic's cutting-edge partnership with Monash IVF – a trailblazing Australian research institution internationally recognised for its work over 50 years in the space of invitro fertilisation (IVF) – which is the most sought-after of its services.

Dr Abe said it was the opportunity to work with Monash IVF and the likes of pioneer figures such as Professor Gab Kovacs which had inspired him to move his practice to Australia all those years ago.

"When I finished my training in the UK, the question was: where to practice?" he said.



"I was inspired to be part of that team [Monash IVF] that had been so diligent in giving their time and energy to see people achieve their dreams. It was definitely the inspiration I got from those colleagues that attracted me here."

Monash IVF, which celebrated its 50th birthday this year, was responsible for the world's first IVF pregnancy in 1973 and it has since continued its legacy to achieve countless "firsts" in the field of reproductive medicine.

Dr Abe said being part of the organisation not only gave Melbourne Fertility Clinic's patients first access to the biggest advancements in science, but also in education, awareness and treatments.

"The research is ongoing and every couple of years there's always something big to come out of Monash IVF, so it has been one of the world

leaders in fertility services around the world for a very long time," Dr Abe said.

"The advances that have come out of Monash IVF have been absolutely phenomenal. In fact, tens of thousands of babies have been born out of Monash IVF in the past 50 years. But it's not just about IVF; it's also about fertility awareness and treatments outside of IVF as well, so they provide vital education."

With a lot of stigma often attached to the sort of services that Dr Abe specialises in providing, he said that the past 20 years had seen a "big shift" in the range of patients from diverse backgrounds seeking support.

A long-held believer that fertility should not be limited to anyone, Dr Abe said Melbourne Fertility Clinic offered a very inclusive service to everyone from singles, same-sex couples and transgender people.

Its support team is made up highly trained administrative staff, specialist nurses, counsellors, social workers and Monash IVF scientists, who Dr Abe said all worked together on a daily basis to provide the best for patients. ●

For more information or to book a consultation visit melbournefertilityclinic.com.au or call 1300 916 756.

The world's biggest fitness brand lands in West Melbourne

With more than 530 clubs nationwide, Anytime Fitness is a giant of the fitness industry.

WORDS BY *Jack Hayes*

According to American magazine and website, *Entrepreneur*, its 4000-plus clubs globally ranks it the ninth largest in the world, mixing it with franchise heavyweights like KFC, 7-Eleven and McDonald's.

With such a monumental presence across the world, it would be easy to assume its 2.5 million global members would become just that, a number.

But, as co-owner of Anytime Fitness's new West Melbourne club Phil Edwards has seen first-hand, it is his team's personal approach that is embedding its roots in the local community.

"The response has been phenomenal which is really lovely to see," Mr Edwards said. "Because we are only 10 months old, we are still in our foundational stage of reaching out to the local community and establishing connections with

local businesses."

"But, to see the kind of response we have [received] it cements our commitment to open West Melbourne's first Anytime Fitness and first 24/7 fitness club."

Anytime Fitness West Melbourne is located in the West End development on the corner of Adderley and Dudley streets and is the fourth club from Mr Edwards and his business partner, Julie Mazzarella, who have more than two decades experience working in the health and fitness industry.

After lengthy delays due to COVID-19, Mr Edwards opened Anytime Fitness West Melbourne in April 2021, but due to restrictions on gyms and fitness centres, their first full month of trading wasn't until mid-November.

Now, with more than ten months of service to the community under their belt, Mr Edwards told *North West City News* the convenience of 24/7 access, state-of-the-art equipment, and inclusivity for members "no matter your body type, fitness level, ability, gender or background" were the qualities underpinning their growing community.

"There is a fear of the unknown for first-timers joining the fitness community, and with so

many out there, there is a lot of saturation in the market," Mr Edwards said.

"So, to have a personal touch, where our members are greeted when they come in and when they leave, that is incredibly important to us."

"Our members mean the world to us, their health and safety matter to us, we are here to hold their hand every step of their journey, no matter what that journey happens to be."

"We want our members to have the feel of belonging to something. Belonging to a community that is focused on achieving their goals."

Anytime Fitness West Melbourne boasts a huge range of top-quality equipment, multiple training zones, functional training zones, individual showers, separate toilets, a beauty bar with hair dryers and straighteners. All members are given the ability to use their membership at any of the 4000-plus locations worldwide.

"For our members, convenience is everything. We want to remove any barriers they may have to wanting to exercise and to have access to our clubs pretty much anywhere they will go in Australia or overseas is amazing," Mr Edwards said.

"We also have an Anytime Fitness app where



▲ Anytime Fitness West Melbourne fitness manager Corey, owner Phil Edwards, and manager Rohan. Photo: Murray Enders.

we support our members with regards to education on training and nutrition, as well as an ATF rewards program where you are rewarded with prizes the more you work out."

Anytime Fitness West Melbourne is located at Tenancy R18, 185 Rosslyn St, West Melbourne.

For more information: anytimefitness.com.au/gyms/au-1605/west-melbourne-vic-3003 ●

QVM TRADER PROFILE

New group of refugee traders live their dreams at QVM

A man who fled civil war in East Africa more than two decades ago is among a new group of refugees realising their dreams at the Queen Victoria Market (QVM).

WORDS BY *Brendan Rees*

Aimen Abu Beker recently opened his business called African Elegance at the iconic market, which offers a range of traditional and modern African dresses, clothing, and accessories designed in Melbourne for all sorts of occasions.

The achievement is a far cry for Mr Abu Beker who, along with his family, fled civil war in Eritrea before seeking refuge in a Sudanese camp. They spent nearly three years there before being granted a refugee visa to Australia in 2003.

Today, Mr Abu Beker is celebrating the opening of his stall at QVM which will see him work alongside his friend and business partner Saleh Siraj, also an Eritrean refugee who was



kidnapped and tortured by a Sudanese gang until his family paid a ransom.

The pair's success story comes as QVM announced a new partnership with Thrive Refugee Enterprise, which supports refugees and asylum seekers to open their own businesses at the market.

In addition to African Elegance, the new group of refugees trading at the market include Samar Chami (Salma By Nature), Tahla Gok (Mediterranean Pastry), and Zeritu Darago (Darago Leather).

Ms Chami, who previously worked as a journalist and TV news broadcaster for 20 years in Lebanon before arriving in Australia in 2019 to find safety, now has a different life offering handmade natural soaps and candles at her QVM stall – a cultural tradition she learnt while watching her grandfather extract olive oil on their farm in Lebanon.

At Mediterranean Pastry, Mr Gok makes Turkish sweets including baklava, shortbread, cookies, and tulumba at his stall after having served in the Turkish Army for three years before arriving in Australia in 2018.

He worked as an Uber driver before meeting business partner Kadir. With the help from Thrive, the pair were able to buy a Turkish baked goods business that had been running for 10 years.

The Darago Leather stall is an Ethiopian family-owned business, which stocks handmade and handcrafted leather products and accessories. The business also operates as a social enterprise by providing women from socially and economically marginalised backgrounds – many of whom have suffered sexual abuse or are fleeing domestic violence – with training and employment pathways.

Thrive Refugee Enterprise executive

chairman Huy Truong said there were significant benefits in allowing refugees to start businesses in Australia but noted it's "not easy when these new arrivals have no social or financial capital to leverage their natural talents".

"Queen Victoria Market is helping refugees overcome these disadvantages through the provision of invaluable opportunities like opening stalls at the market. It is these opportunities which are invaluable long-term," he said.

QVM CEO Stan Liacos said he was thrilled to create a partnership with Thrive which built on the market's long association of supporting business owners and multi-generational families from around the world.

"We're particularly excited about the new partnership with Thrive as it provides an opportunity for the market to consciously rekindle and foster relationships with immigrant business owners," Mr Liacos said, noting this had somewhat declined in recent years alongside the changing socio-economic make up and gentrification of inner-city Melbourne.

Research by Thrive showed almost 30 per cent of refugees will start a small business by their 10th year of being in Australia, but Thrive's mission is to bring this forward within their first three years. ●

STATE MP

FEDERAL MP

Working to keep our wildlife safe, including Melbourne's famous peregrine falcons!

We're incredibly lucky in Melbourne to share our city home with some amazing wildlife, including the charismatic peregrine falcons which nest each year high on the top of a building in the CBD.

If anyone is not familiar with this story, each year a pair of falcons nest and raise their young at 367 Collins St. They've been nesting here for quite a while and each year all the action is caught on camera and live streamed. It's just delightful watching the chicks hatch, grow and take their first flight.

But unfortunately, in Victoria, many of our native birds like falcons, owls and eagles are at risk of poisoning due to what are called "second generation" rodent poisons. These poisons are widely sold in supermarkets and hardware stores but can harm native wildlife (and even pet cats and dogs) when they eat poisoned rats and mice.

I recently shone a light on this issue in the Victorian Parliament, moving some new laws to prevent the sale of these dangerous poisons.

The good news is there are effective alternatives available! We have wildlife-safe rat poisons (called "first-generation" rodenticides). But unfortunately, there is no easy way for an ordinary person like you or I to tell the difference between the wildlife-safe poisons and the dangerous ones, without looking at the long list of complicated ingredients on the packet.

Confusingly, many of the dangerous poisons and the wildlife-safe poisons have the same brand names – such as RatSak. Often the dangerous ones are labelled with things like "fast-acting". They both work to kill rats and mice, so we don't need to use the dangerous second-generation poisons in our homes.

In Europe and the US, where this is also a big issue, governments have banned the general sale of harmful second-generation poisons, while still allowing farmers to access them with strict conditions. The laws I proposed in the Victorian Parliament would have done the same here.

I'm sorry to say that the Victorian Labor Government didn't support the new laws this time, but they have promised to investigate this important threat to our wildlife, and I am hopeful that we will see action soon.

If you'd like to know more about the issue so you can avoid buying the dangerous poisons, there's a good guide at actforbirds.org/ratpoison.

The Greens and I will continue the fight to protect Victoria's native species. We recently launched our plan to restore nature which we will take to the November state election.

Our plan includes a \$1 billion per year "Zero Extinction Fund" to restore habitat and fund the recovery of Victoria's 2,000 native plant, animal, bird and fish species facing extinction. You can find out more about our plan here: ●



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KENSINGTON NEIGHBOURHOOD HOUSE

Why wait? We can change the date ourselves

Did you know that organisations and businesses all over the country are changing the date themselves?

Australia is a fantastic country and deserves to be celebrated, but we need to have a good hard look at our choice of date.

The 26th of January was chosen as the date of Australia Day because it was the day the first British ships arrived in what we now call New South Wales. For Aboriginal people and Torres Strait Islanders this date represents the beginning of their dispossession.

That date represents a day of mourning for First Nations Peoples. Increasingly, many other Australians recognise the insensitivity of the date and are advocating for change. A recent survey by the City of Melbourne showed that 60 per cent of residents and businesses supported changing the date.

Here at Kensington Neighbourhood House, we will be open for business as usual on January 26 next year. Our staff and board unanimously voted to observe an Australia Day holiday on July 3, 2023 instead – the start of NAIDOC week.

This was a surprisingly easy step to take. First, we checked our Collective Agreement to see if there was anything to prevent us changing a holiday date. There wasn't. Then we surveyed staff to see if they would be happy to change the date. They were. Then we proposed a new date and took this to our board for approval. Job done.

If you are an employer, why not investigate changing the date within your organisation? If you are an employee, why not talk to your colleagues and your boss about exploring this idea? Every conversation on this topic is a step in the right direction.



Changing the date is a small but important part of our reconciliation journey. Another important step is making reconciliation a regular discussion point in our community. A number of Kensington organisations – including KNH, Unison, The Venny and Kensington Community Children's Cooperative have formed a Kensington Reconciliation Group. All community members are welcome to attend. The group is small and informal. Conversation focuses on what reconciliation might look like for Kensington and how to make a meaningful contribution to reconciliation at a local level.

Despite a growing chorus of support for an official change to the Australia Day date, it could take a long time for any decision from federal government. Why wait? Change the date yourself!



For Aboriginal people and Torres Strait Islanders this date [26th of January] represents the beginning of their dispossession.



If you are interested in celebrating Australia on a different day, you'll find a wealth of useful information here: changeitourselves.com.au

If you would like to join the Kensington Reconciliation Group, please contact: karenbonson@yahoo.com.au The next gathering is at 6.30pm, September 28 at Kensington Neighbourhood House. ●



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How I'm fighting the cost-of-living crisis

Many people across Melbourne are doing it tough.

We're in a cost-of-living crisis and inequality is at a record high. My team and I have heard from countless members of our community who are worried about how they'll pay the rent, their medical bills or childcare costs as everything gets more expensive and wages and incomes flatline.

This week, I'm attending the government's Jobs and Skills Summit, to push Labor to deliver an immediate rise in the minimum wage to tackle the cost-of-living crisis.

With the Greens in balance of power in the Senate, we've made it loud and clear to Labor that we'll push to change the law to guarantee faster wage rises, especially for those in the care economy.

Our plan includes lifting the minimum wage to 60 per cent of the full time adult median wage, with a faster move to lift wages in women-dominated care industries.

Lifting wages is not out of reach. Rather than investing in the things that will make everyone's lives better, Labor is spending \$244 billion on unfair tax cuts to billionaires and handouts for big corporations.

Their plan will make inequality worse, make the cost-of-living crisis worse and dismantle Australia's progressive tax system.

Instead of investing in unfair tax cuts, the government should be funding free childcare, getting dental into Medicare for everyone and building more affordable housing.

Steps like this, alongside a lift to wages and income support, would fight inequality and make sure everyone has what they need to live a good life.

In Parliament, I represent more renters than almost any other MP. With rental costs rising, renters are struggling to meet the soaring costs of living, with many in insecure and casual work.

That's why the Greens are calling on the National Cabinet to introduce a two-year rent freeze and ongoing rent caps, allowing wages and incomes time to catch up to rents.

During the worst of the pandemic, Victoria froze rents to support tenants, now we need the Federal government to do the same nationally.

It's time to legislate protections for renters, so people are protected against unfair, arbitrary evictions and skyrocketing rents. If the government is serious about cost-of-living relief, if they're serious about affordable housing, then it's a no-brainer to freeze rents.

With a new government, we have enormous opportunities to tackle the cost-of-living crisis. My team and I will be working hard, in Parliament and in the community, to deliver the transformative reforms we need to make sure no-one is left behind, starting with a lift in wages, stopping the unfair tax cuts and ending out-of-control rent rises. ●



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ENVIRONMENT

Our nature

According to the ancient science of Ayurveda and Chinese medicine, all the elements that are contained in nature are in us. In nature there is a rhythm, a pulse that keeps things in harmony. When this rhythm is broken, either through man's intervention or a disturbance, there is discord – nature bounces back and always starts building again, if we allow her.

We can also see this play out on a piece of land when it is disturbed. The pioneer species of the area first come in to do their work and make the ground more suitable for other plants and so on and so on and this is succession.

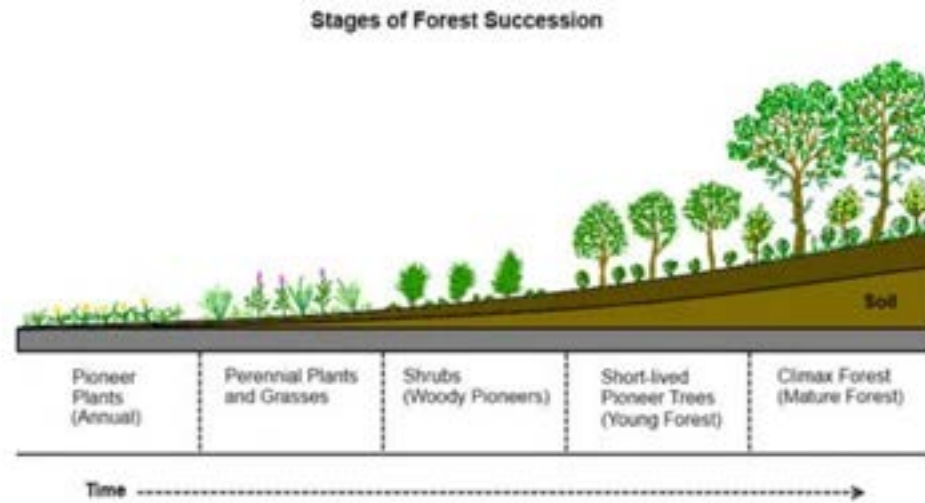
This rhythm is visible to us in the seasons around the world where there are certain timings of things which serve as an indication for various plants and animals to behave in certain ways – to sprout, bloom, seek a mate or hibernate.

The moon is a clear rhythm from which nature takes its impulse, with plants adapting their sap and root growth in cohesion with the waxing and waning of the moon.

In nature there is a time to seed, to bloom, to die and be reborn. Nature rests too.

Birds and creatures are regular with their patterns of waking and sleeping in time with the sunrise and sunset of a day. You don't see many unhealthy birds as they follow this rhythm, their nature. Animals know when it's optimum for them to eat, drink, rest and move.

Our ancestors through the ages have looked to these timings of nature and taken their cue to thrive and survive. Often, they would rise with the sun and head inside with the fall of the



sun and plant their crops and harvest with the moon cycles and seasons.

Over the years we have removed ourselves more and more from this natural rhythm and possibly if we find our way back to these timings and align ourselves, we might live more in harmony, suffering less discord and disease.

Likewise, if we can tune ourselves more into nature and follow her rhythm we will feel more in harmony with our surroundings.

The first step is to have a rhythm, a regular time of rising and going to bed, regular eating of meals.

The practice of Ayurveda and Chinese medicine recognises that our bodies' energy and organs are activated at different times of the day and that certain hours of the day correspond to certain organs in our bodies.

Following the natural rhythm of our own body enhances health. Going against the natural rhythm of our body decreases health.

The moon and solstices have long been a guide for humanity to stay in rhythm.

Since our body contains a big percentage of water, we are influenced by the pull of the moon

in the same way that tides and plants are. The moon goes through eight phases in its cycle of 29-and-a-half days.

Each phase of the moon has unique characteristics that are significant to the rhythm of life that is within each of us, and we travel across different emotional, and energy states the same way the moon travels around the earth.

If we are attuned to these phases, we are better able to understand others and ourselves.

During the new moon, the moon phase brings with it themes of new beginnings as well as clean slates and fresh starts. This is the time to unplug and turn away from draining energy.

The waxing crescent moon represents hope; it's a time to plant your desires and intentions.

During the first quarter moon, we start to feel a call to action and decision-making.

The waxing gibbous moon sees the moon almost entirely illuminated and this phase brings with it themes of refinement, adjustment, and editing.

During the full moon, emotions may run high, and we may need to seek balance.

The waning gibbous moon signifies



gratitude. Themes of gratitude, enthusiasm and sharing are strong. This is a good time to be giving back to those around you.

During the third quarter moon, it is a time for release, forgiveness and letting go, a great time to cleanse and get rid of emotional or physical clutter that has accumulated.

The waning crescent moon sees the last fraction of the moon illuminated in the final phase before the new moon. The feelings surrounding this phase are surrender, rest and recuperation.

Our ancestors have had many celebrations and rituals timed around the various solstices and equinoxes.

More and more as we realise, we are not separate from nature, what beats within her beats within us, there is an invitation to tune our rhythm to hers and know our true nature – living in rhythm and wellness. ●



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NATURE

The gall of North Melbournites

If you're a gardener, or just wandering North Melbourne's parks, you'll have seen many galls in your time, although you may not know a lot about them. Non-gardeners can mistake these often colourful and attractive little baubles for a natural part of the plant, which of course they are not.

WORDS BY *Howard Birnstihl*
PHOTOGRAPHY BY *Howard Birnstihl*

Galls, a swelling or outgrowth on a leaf or branch, could be described as similar to a benign tumour or wart found in the animal world. A gall or cecidia to the experts, (from "galla", the Greek for "oak apple") may be caused by a virus, bacteria or fungus, but very often by a tiny insect larva and is the plant's reaction to being injured or actually invaded. It's a little like producing scar tissue over a wound but with the addition of a tenant.

Virtually all plant species have particular insects which find them tasty and attractive, and consequently most plants have some sort of gall decoration as a response. Many flies, wasps, mites and other insects lay their eggs in slits in leaves, stems, trunks and even roots, in some cases causing only cosmetic damage, in others killing the host plant slowly over time.

The variety of galls is almost as extensive

as the number of species involved but any one combination of host and intruder will always produce the same kind of gall, ranging from tiny pinhead size up to those on some gum trees of up to half a metre and more across.

One example of easily identifiable galls is seen on the many wattles which surround us. These are quite large (often 10 or more cm across) and a warm chocolate brown, contrasting strongly with the soft green foliage.

Those on gum leaves mostly tend to match the colour of the host leaf but can still be quite outstanding in both profile and hue. And if you want to be even more parochial you might like to check out our local banksias. They have a unique little gall maker which has made Melbourne its home and is found nowhere else. In case you meet one, his name is *Eriophyidae*.

Like some inner suburban high-rise flats the occupation of some galls can be rather complicated. Sometimes the initial intruder in these mini-habitats is visited unexpectedly by an interloper who either simply shares the space or outgrows the original tenant thus forcing him out. In some cases, when a little less sociable, the visitor actually eats the host.

And if this wasn't complicated enough some species specialise in parasitising the parasites. And, in fact, in some rare cases the parasitising parasite itself is ... I'm sure you get my drift. A bit like those Russian dolls, but with sinister intent.

Although gardeners and many orchardists spend their lives fighting damaging galls, there are a few which over the centuries man has found to be quite helpful. Rich in resins and tannic acid, galls have been used in the manufacturing of permanent dyes and inks and certain astringent ointments (mainly for the treatment of fevers and intestinal ailments) and,



▲ Galls on sheoak.



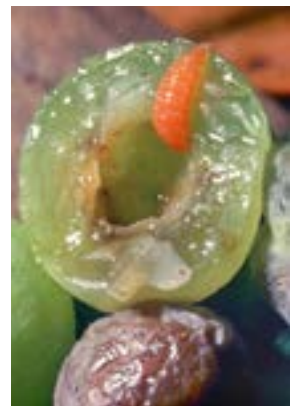
▲ Gall colourful on gum leaf.



▲ Gall on trunk.



▲ Galls on wattle.



▲ Worm inside gall.

in fact, according to medieval Arabic literature, were the main export from many places in the Middle East in those far distant times.

Not surprisingly, our local indigenous population with their genius for exploiting the environment in a positive way, have long used galls for emergency food and even for bait when fishing.

There are also cases where galls are actually helpful to certain trees – like some figs – which

depend on their particular gall wasps to help with their cross-pollination. Also, gallian materials have been used for centuries in the tannery industry where tiny mites are actually inoculated into the tamarisk tree to encourage its outer growth ... clearly a case of the bite, not being worse than, but actually beneficial to, the bark.

Anyway, next time someone accuses you of having a lot of gall it might be worth while checking out the garden. ●

PARKVILLE GARDENS RESIDENTS' ASSOCIATION

News from Parkville Gardens

The 2022 Annual General Meeting of the Parkville Gardens Residents Association on the night of September 8 produced its fair share of good news. The committee now features new faces along with the old and can get to work with confidence in the association's sound financial position.

The "old" faces include myself as president, Faye Ryan as secretary-treasurer, and Ian Aitken, Jose Torres and Uddika Kahawatte as committee members. Back on board are Michael Saunders (Vice-President) and Michael Main, along with incoming Jay Iyengar. Outgoing members Sharon Khoo (treasurer) and Michael Thom were thanked for their years of generous

service.

We're delighted to announce that funding for the children's event planned for Sunday October 23 has come through. More details in next month's bulletin. A Spring Carnival also remains on our agenda.

Looking ahead to next year, challenges to our imagination and resourcefulness loom. Our application for funding under the City of Melbourne community grants scheme was disallowed. PGRA was deemed to have received funding two years in a row and was therefore ineligible for the 2023 grants. This means we will have to explore other funding avenues for our activities, as well as stage events that may be smaller in scale and inexpensive.

Hopefully we can turn this challenge to advantage and draw on the talents, creativity, and generosity of local community members for new ideas and activities. This will mean continuing to improve our means of communication with our residents. Getting the word out is the key, and we need to find ways of doing this better.

Speaking of residents, a few interesting figures from last year's census have emerged.



▲ New committee members from left, Faye Ryan (secretary), Michael Main, Tom Knowles (president), Ian Aitken, and Uddika Kahawatte. Absent: Michael Saunders (vice-president) and Jay Iyengar.

At the time, Parkville Gardens housed around 2000 residents. This number may have increased since then with the return of more international students.

Last year 400 people identified themselves as tertiary students. The number of school

children (primary and secondary) was around 175. The male-female gender balance is evenly divided, and nearly two-thirds of the population was aged between 20 and 40. In nearly one-third of households, a language other than English is used.

It's great to be able to map the profile of our community, so I look forward to more facts and figures as they become available. They'll help us discern how best to draw the community together and make Parkville Gardens an even better place to live. ●

Residents can find us:
[facebook.com/groups/pggrass](https://www.facebook.com/groups/pggrass) or
email secretary@pgra.org.au.



Tom Knowles

TOM KNOWLES IS THE PRESIDENT OF PARKVILLE GARDENS ASSOCIATION.

PRESIDENT@PGRA.ORG.AU

KENSINGTON ASSOCIATION

"Find your community ... or create one"

Do you feel that Kensington or North Melbourne is your community? I'm not just asking about where you live – for most readers it will be Kensington or North Melbourne. I'm asking about a feeling!

I revisited what I wrote in September 2021, Issue 8 of *North West City News (NWCN)*; the title of my article was just, *Community*. Frankly, in revisiting this article I'm reacting to some observations and a bit of gentle self-criticism. Reading the *NWCN* and the *Flemington-Kensington News* I'm struck (in general) by the overwhelmingly informative and positive nature of the writing.

The self-critical part is a feeling that the Kensington Association columns (most of which I write) frequently have a negative or critical slant. I make the excuse to myself that this is because we (at the Kensington Association) are somewhat on the defensive – we attempt to "defend" the amenity of Kensington. In that 2021 I wrote – "The Kensington Association is – in essence – about community betterment, enhancement, improvement". So now, in addition, I'm saying that we attempt to defend what we

have that we value.

Also, unlike any other organisation, we are a conduit to power – we try to constructively connect with, and make representations to, different levels of government on behalf of the community.

I was recently introduced to the writing of US-born author and teacher Catherine Ingram who hosts the podcast *In the Deep*. I read a very dark extended article she wrote in 2019 (but regularly updates) called *Facing Extinction*, and I listened to her give a Ted Talk, entitled "courage and acceptance in troubled times". In her talk she offers seven suggestions to help us face "troubled times", the first of these is – "find your community ... or create one" (by the way, her fourth suggestion is "pace yourself with your intake of news"). Her article *Facing Extinction* is not for the faint hearted. While I would highly recommend it, it needs to be read mindfully).

My 2021 article recognises that the factors making us feel that the place we live in is "our community" are diverse. I suggested that the quality of personal relationships we have in our community is a key factor. A sense of "belonging" is one way of expressing it. There's clearly a consensus between social researchers and psychologists that a sense of community is critical for our wellbeing. The COVID pandemic has strengthened that consensus.

Allow me to prompt you to reflect on your own personal feelings in relation to

"community" ... lots of questions. How are your neighbours? Do you live alone, with a partner, or with your family? Perhaps with young children, and maybe a dog? Dogs and young children are classic connection facilitators!

Do you shop locally, but not always at the big supermarkets? How do you find the service staff – at the chemist, coffee shop, post office, pub, or other small locals? Are they friendly, welcoming and personable? We know it makes such a difference if they are, particularly if it feels natural rather than forced of pushy!

What groups or organisations are you a member of, are "involved with", or frequent? Perhaps a school or kinder, a sporting club, or a church, or a particular shop where you feel you know them, and they know you – perhaps by name? Do you work locally or elsewhere? What about our community press (of which *North West City News* and *Flem/Ken News* are a part)? Do they provide "community compost"? We shouldn't forget the communication tech-fixes, or "surrogate" social contacts – Facebook, Good Karma Network, WhatsApp groups, Zoom convos, etc. How are they for you? Are they important, a "turn off", or "better than nothing"?

It's complex (we are complex), so many factors and so many people coming together to evoke in us a sense of community ... or not.

What happens if you don't feel that community vibe? Catherine Ingram suggests you need to "create" it! How do you do that? If the previous

paragraph prompted you to reflect on your own feelings about your "hood" in Kensington or North Melbourne, and you decided that your "hood" isn't working for you, what then? I suggest you begin by looking at yourself. Take courage, we are all full of foibles. Some of us are more self-sufficient, but we all give off ... for want of a better word ... "vibes". Did you discover something about yourself during the lockdowns? Did you feel more or less "needy" than expected in relation to personal contacts?

The fact is we are social animals, so we do need others to survive, not always, but sometimes ... even often! Anyone who has lived through a "Lismore" or "Mallacoota" experience will appreciate that fact. The main theme in Catherine Ingram's *Facing Extinction* article is about finding courage and acceptance as we face the future, and part of that is the need to find "community".

As parents, we have an additional task – we are duty bound to help foster community awareness and community building skills in our children. ●



Simon Harvey

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METRO TUNNEL

Final rail delivery to Metro Tunnel marks new milestone

Around 18 kilometres of rail was delivered to the Metro Tunnel's eastern entrance in South Yarra last month, with work starting in October to install the rail that will carry trains through the new tunnels.

More than 100 lengths of rail – each made of Australian steel and measuring 165 metres – were delivered over four nights, before crews unloaded and stacked them ready for use.

This follows the first rail delivery in February at the tunnels' western entrance in Kensington, making a total of 40km of rail now waiting to be laid.

The track design being used in the Metro Tunnel is more modern and requires less maintenance than conventional tracks that use sleepers and rocks, making it ideal for tunnels.

Crews have been working in recent months

to lay high-performance precast concrete panels through the twin tunnels as a base for the rail.

There are 4000 concrete panels, cast in 300 different shapes to account for the varying curvature and elevation of the tunnels as they wind from Kensington to South Yarra up to 30m underground.

To install the rail, workers will progressively clip each length to the concrete panels and weld them together to form a continuous rail line.

Overhead power and high-tech signalling is also being installed through the tunnels and stations, as the project prepares for train testing



to start in the tunnels in 2023.

At Arden Station, crews have almost finished

installing the panels that cover the station's entrance façade. This is where passengers will enter the station under its soaring brick arches and take escalators or lifts down to the main concourse.

In the CBD workers will soon start removing the massive noise-cancelling shed that has covered City Square at the site of the new Town Hall Station.

Two 50m-high tower cranes atop 15m-high gantries are now in place on the edge of Swanston Street, where the shed has sat for the past three years.

The cranes will be used to dismantle the acoustic shed piece by piece over several months from mid-September.

When it opens in 2025, the Metro Tunnel will create capacity for more than half a million extra passengers a week during peak times across the city's train network. ●

HISTORY

Freeman Manuel and the Eight Hour Movement

My past two articles were about people whose graves in the Melbourne General Cemetery had been renovated by the now defunct Labour Graves Committee, particularly men who had been involved in the 19th century Eight Hour Movement.

WORDS BY *Felicity Jack*

One name stood out for me – Freeman Manuel – an unusual name in 19th century Melbourne. I was intrigued so I set out to find what I could about him through *Trove* and *Ancestry*.

In fact, he was a proud Welshman. He was born in Holywell, Flintshire in North Wales in 1829, the son of a gardener. He married Susanna Duncalf in 1849 in Liverpool. They had two sons, William in 1950 and Edwin in 1851. At the time of the 1851 census the family were living in Liverpool, where Freeman was working as a plasterer. Sadly, the two boys died, Edwin in the June quarter of 1851 but I was unable to find a date for William's death. It is likely to have been around the same time. Another child, a daughter called Mary Elizabeth, was also born in Liverpool in 1852.

A second daughter, Susannah, was born in Victoria in 1854 so the family must have arrived in Melbourne on either side of 1853. The first reference to Freeman living in Australia relates to an article *The Age* in August 1854 when he was living in Moray St, Emerald Hill (later South Melbourne). He was a member of the fledgling Emerald Hill Fire Brigade, which was appealing for subscriptions. In 1855 *The Age* published details of a deputation, with Freeman's name included, to the Emerald Hill Municipal Council, in relation to the collection of rates. Clearly Freeman was interested and involved in local affairs very soon after his arrival in Melbourne.

Agitation for the Eight Hour Day – eight

hours of work, eight hours of leisure and eight hours of rest – was gaining strength in the mid 1850s. Although I could find no details, Freeman was certainly involved in the early movement as his name appears on the booklet commemorating the movement.

On January 29, 1859, he was declared insolvent, with debts of £216.5s and assets of £151.16s. The cause of his insolvency was recorded as depression of business and his threatened arrest under a judgment. A similar court appearance is recorded as having taken place in December 1864 but, as no creditors turned up on this occasion for the hearing the case was dismissed.

Welsh culture remained important to Freeman throughout his life. The original Welsh church was built in 1857 and rebuilt in the early 1870s, both on the same site in La Trobe St. The first Trades Hall building, a modest timber structure that once stood just north of the current Lygon St entrance, was completed in 1859. It was financed by workers and built by their own labour. It is highly likely that Freeman worked voluntarily on both these buildings, and this could have contributed to him neglecting his paid work and thus to his insolvency.

It was through his involvement with the Eight Hour Day movement that he made his mark. In 1874 he was chairman of the committee that oversaw the construction of the new Trades Hall building. A ceremony was held January 24, 1874 when the foundation stone was laid for the new building. Freeman, as chairman of the building committee, presented politician John Curtin, MLA, with a silver trowel. He then



▲ Page showing names of those involved in the Eight Hour Movement. Source: North Melbourne Library.

presided over a lunch that followed the formal procedure.

Freeman was involved in the continuing lobbying for the reform of labour laws, including issues such as weekly pay and early closing hours for shopkeepers. He was a prominent representative of the plasterers union and he travelled to Sydney as a union delegate at the 1885 Intercolonial Trades Union Congress.

Despite an inauspicious start, his employment appears to have done well. His funeral notice records that he had worked for the same builder, E.A. Parry of Sydney Rd, Brunswick, for 30 years, so he must have joined this firm around the time of his second insolvency.

One of his six daughters, Alice, born in 1860, died in 1877. Freeman had enough money to provide the remaining five with good marriages, including one, the marriage of Florence to John Stevens of Moonee Ponds, that took place on January 13, 1886. This was written up in

great detail in the society paper *Tabletalk*. Amy was the youngest daughter and the last to marry. She married George Lancashire on January 22, 1887.

After Amy's wedding, Susannah and Freeman were able to take a trip to visit their birthplaces. Shortly before they left, in April 1887, Freeman, a founding member of the Cambrian Society of Victoria, was presented with an illuminated address – a decorated formal document. It was embellished with the red dragon, the leek, and the Prince of Wales's feathers. They returned in November of the same year.

Freeman died in the Alfred Hospital on March 14, 1894, and was buried in the Melbourne General Cemetery two days later, the funeral procession leaving from his home at 12 Erskine St, North Melbourne. There were several family tributes in local papers in a style very common during the Victorian era. Below is one from his youngest daughter, Florence, and a second inserted jointly by Florence and her mother Susannah:

*No other one can fill your place,
A father good and brave,
I think of that good kindly face,
Now mouldering in the grave.*

*He is not dead whose memory lives
In hearts that know his worth.*

And it is with these last words that we should remember Freeman Manuel and the other women and men who have fought, and continue to fight, for a just and humane world. ●



For more information:
hothamhistory.org.au

ARTS HOUSE

BLEED
數位現場雙年展
29.08.22 - 25.09.22

Arts House presents local and global works for BLEED

Building on the success of the online 2020 program, the Biennial Live Event in the Everyday Digital (BLEED) is back this month with three works being presented at the Arts House.

WORDS BY *Kaylah-Joelle Baker*

The festival is a partnership between the City of Melbourne and three organisations across the Asia Pacific region, with the underlying intention being to strengthen the city's creative global ties.

In addition to the Arts House, the organisations involved in premiering the works of 17 artists are the Campbelltown Arts Centre in Sydney, the Taipei Performing Arts Center and Taipei's Museum of Contemporary Art.

"We are building a creative resurgence and we're proud of establishing an incredible collaboration between Melbourne, Sydney and Taipei to showcase our homegrown talent and create immersive content through BLEED," the council's Creative Melbourne portfolio lead Cr Jamal Hakim said.

"Our creative industries are going beyond borders this year – connecting people no matter their background and taking art-lovers on a journey like no other."

The focus of BLEED is to explore how art can be consumed, experienced and translated

across various formats and locations, and three diverse works will be showcasing this at the Arts House.

While the first two works of *Running Machine* by Australian and Japanese artists, and *Toe fai!* by Studio Kiin will be using dance in their multidisciplinary works, *room2* will be heavily relying on live music, visuals and written prompts.

Presented by digital media artist and creative practice researcher Patrick Hase and curator, artist and DJ Anuraag Bhatia, *room2* is an interactive work that is accessible online and in-person.

Coming together following their similar experiences with the internet and digital spaces growing up, Patrick and Anuraag started developing, refining and independently streaming an online version of *room2* last year before getting the attention of the Arts House.

The online version of the work is still active and has a similar philosophy, but being in-person has allowed the artists to explore the work in more depth.

Disrupting existing expectations of face-to-face versus online events, Patrick and Anuraag's



▲ Anuraag Bhatia Photo by Hannah Alexander.

work revolves around providing people a space to communally explore certain topics through anonymous written and drawn responses.

"Something might come up on the screen asking something like, 'what kind of feelings does this track bring into your body?', and people can write or draw their response," Patrick said.

"The responses are purposely anonymised so people can share how they are feeling about something while in a communal space, but retain anonymity."

To engage with different artists, the interface they built allows for attendees to respond to

prompts during the artists' combination sets.

For this specific event a mobile app version has been created to allow people to easily interact with the work in-person, but Patrick said attendees would still be communally engaging as the responses would be projected on the wall.

Ultimately, *room2* allows people to confidently explore their feelings towards what is happening around them, but to also bring the online into a physical space.

"It's about changing how people think about that boundary between face-to-face and online events, and collapsing and changing that boundary," Anuraag said.

"It is giving people new tools to understand their own internal experience and communicate their feelings, thoughts, and memories around that like a piece of art."

Anuraag and Patrick's live work will be presented at Arts House as part of BLEED on Sunday, September 25 between 2pm and 7pm, with people encouraged to drop in at any time.

Of the remaining two works at Arts House, *Running Machine* will be first from September 14 to 17, and *Toe fai!* is on September 23. ●

For more information:
artshouse.com.au/events/bleed-2022

SATELLITE FOUNDATION



Applications open for *It's A Mad World*

Do you feel there are gaps in the dialogues around mental health experiences? Do you like the idea of exploring these conversations through things like art, performance, film, or photography? Then apply for the next chapter of It's a Mad World, now!

It's A Mad World is a showcase of different perspectives on mental health, created by those with lived experiences and Satellite Foundation. Using different creative mediums, we share stories of the funny and sad, the happy and mad, when navigating the complex world of mental health.

Conversations around mental illness can sometimes be tricky. With the best intentions, we try not to make assumptions or ask imposing questions, yet we often end up uninformed but still curious.

It's A Mad World aims to be an open, transformative space where lived experiences of mental illness meet exploration, and isolation meets collaboration!

We want to show young people living with and around mental illness in their families that their voice matters no matter which way they want to express it. It honours the bravery in sharing AND the bravery in asking.

It's A Mad World began in 2020 over Zoom. It evolved into an online exhibition where six incredible young people shed light on how the quirks of "madness" bring colour and depth to life. Together, they challenged the stigma

around mental health by offering a courageous dialogue that recognises these journeys as complex and changeable experiences.

Now we are inviting more people (in real life) into this conversation!

We are inviting you to bring your thoughts, feelings and experiences. We are interested in where you feel the gaps are in the dialogue – where you feel there is space to learn MORE, ask MORE, understand MORE? Join us to talk, laugh and share freely without reactions of pity, of platitudes or people not knowing what to say.

Are you interested in being involved in the next chapter of this project? Do you like the idea of exploring these conversations through things like art, theatre, writing, poetry, film or photography? In 100 words or less tell us where you think the gap in the dialogue is (and if you still have room, WHY?) and send us your expression of interest to hello@satellitefoundation.org.au

Creative development workshops
WHEN: Saturday, October 8 and Saturday, October 22 from 10am – 4pm.

WHERE: Siteworks, Brunswick.

As we say in our "mad world" – "listen up, get uncomfortable and get curious." ●

WE LIVE HERE

Tourism sector calls for short-stay day limit

Tourism industry groups want Victoria to follow other states, including NSW, and impose a limit on the number of days per year that properties can be let as short stays.

The Victorian Tourism Industry Council and the Accommodation Association of Australia have each called on the Victorian Government to create a level playing field for all operators.

Accommodation Association chief executive Richard Munro said while Victoria had among the most short-stay listings in Australia, there was little government oversight. "It's largely unregulated," he said.

In NSW, 180-day limits have been implemented in numerous coastal and regional districts and much of Sydney. Victoria is yet to even contemplate this basic regulation, leaving apartment residents exposed to well-documented, ongoing issues caused by short-stays.

The Accommodation Association, which represents caravan parks, regional motels and hotel chains, is also pushing for the short-stay sector to meet similar safety standards to commercial operators, including large hotels.

It's fascinating to see the tourism sector openly berate a state government that got itself very cosy with Airbnb, purportedly to "boost tourism".

Four years ago, the short-tenured Trade and Innovation Minister, Mr Dalidakis admitted to Parliament that "I visited Airbnb's office [in San Francisco] in a visit to North America". (Hansard, August 7, 2018, page 46). It was earlier reported by *The Age* that Premier Daniel Andrews had visited Airbnb in San Francisco in 2015 as part of an Emergency Management Victoria initiative.

After waiting four years for a review – four more years?

We continue to hope for an epiphany in Spring St – the irony of having the tourism sector attack the government's inaction on short-stay accommodation.

Alas, elevating inertia to an art, the

government this month quietly announced that again it would defer its review of short-stay legislation – to an undefined date sometime in the next four years.

In 2018, the government committed to a "post-implementation review" in 2020, as a sop to the broad opposition. It was tantamount to admitting that the legislation was deeply flawed.

COVID intervened and the promised review was delayed until 2021, and then re-promised "maybe" for 2022.

This month the Leader of the Victorian Greens, Samantha Ratnam, speaking to an adjournment action in parliament, sought a formal response on the long-overdue review.

The government has just published its word-salad response on the parliament website (you can find the link on our website, welfarehere.net):

"As the tourism sector was heavily disrupted during the pandemic, the post-implementation review will be undertaken as part of the mandatory statutory review of the recent legislative reforms to the *Owners' Corporation Act 2006*, which is due to be undertaken between 2023 and 2026. Combining the reviews will allow for more extensive data collection to be undertaken and assessment of the amendments, while also ensuring consistency with the broader review into owners' corporation legislation and regulation." ●

Scan to read more:



Barbara Francis & Rus Littleton

CAMPAIGN@WELIVEHERE.NET
LEARN MORE AT
WELIVEHERE.NET



NORTH WEST CITY LOCAL

Writer and intrepid traveller launches new book exploring the Amazon rainforest

Travelling has always given Anthony Ham a sense of purpose.

WORDS BY *Brendan Rees*

Since leaving his former career as a refugee lawyer to become a writer and photographer more than two decades ago, the West Melbourne resident has explored some of the world's wildest places in search of stories.

He got his big break writing travel guides for *Lonely Planet* in 1998, and since then, he has not looked back.

"Some of my happiest memories are the nights spent around desert campfires with the San, Tuareg, or Warlpiri people deep in the deserts of Africa or Australia," he told *North West City News*.

"But I've been very fortunate to have so many wonderful experiences, I couldn't possibly choose one."

He has published countless articles about conservation, wildlife, and current affairs for magazines and newspapers, most of which have appeared in *The Age*, the *Sydney Morning Herald*, and *Lonely Planet* magazine.

"My first job for *Lonely Planet* was a trip to Niger, Cameroon, Chad and Sudan for the Africa guide. I loved every minute of it, and fell irretrievably in love with the Sahara," he said.

But while many would envy Anthony's lifestyle, travelling to some of the most dangerous countries has come with its risks.

"I have been arrested in Iran, held up at knifepoint in Cameroon, have narrowly missed being kidnapped by al-Qaeda near Timbuktu, and had an uncomfortably close encounter with a lion in the Kalahari in Botswana."

But that hasn't perturbed him as he strongly believed in the power of the written word.

Today, he has launched his second book called *The Man Who Loved Pink Dolphins*, which documents the story of Christopher Clark who has spent his life helping to save a pristine corner of the Amazon rainforest in Brazil.

The book, which was released in August, was a COVID-19 lockdown project in early 2020 after Anthony visited the Amazon in 2018.

"Chris was remarkably driven, a flawed hero, and he spent 30 years of his life trying to save a remote corner of the Brazilian Amazon – the forest, its people, and its wildlife," he said.

"There were dangerous moments, numerous death threats, tragedies, and moments of great humour. All I had to do was write it down."

"I think we're all exhausted by the weight



▲ Anthony Ham.

“

Some of my happiest memories are the nights spent around desert campfires with the San, Tuareg, or Warlpiri people deep in the deserts of Africa or Australia.

”

of the bigger issues – COVID, climate change, extinction, and so on. I hope that, above all, this book is just enjoyable – you can read this book simply as a great story," he said.

Anthony said for those interested in the larger story of the Amazon and its future, the book had plenty to say.

"Some of it is depressing, but Chris Clark's story is also a very human story of hope. These are the two things I strive for and think we need at this point in our history: a good story and hope in difficult times." ●

A masterclass in sustainability with A.BCH

In this instalment of the North and West Melbourne Precinct Association (NWMPPA) "Precinct Ambassadors" series we talk to Courtney Holm, owner and founder of West Melbourne based circular fashion label A.BCH (Articles by Courtney Holm).



▲ Left to right: A.BCH's Lilly Clatworthy, Simone Berman, founder Courtney Holm, and Emily Dent (intern).

What is a circular fashion label you may ask? The answer is philosophically simple but its practice inherently complicated. In Ms Holm's own words, "Circular design is an approach to developing products and systems that incorporates three key circular economy principals; designing out waste, keeping materials and products in use, and regenerating natural systems." What that looks like in practical terms is using 100 per cent regenerative and biologically circular materials; creating products tested and developed for longevity, repair and remanufacture; eliminating material and energy waste in the industrial, manufacturing and post-consumer lifecycle phases; and education for extended care and producer responsibility. This unwavering dedication to the circular design mantra is one born out of Ms Holm's first-hand look into fashion's world of waste, pollution and exploitation. "My first experience was seeing the waste in production from a cut, make, trim perspective in factories where we are laying fabric and

cutting the patterns out – all the negative space from the fabric is a big issue," Ms Holm said. "It is estimated that 15 per cent of all material is landfilled as off cuts." "It began a process where I wanted to find out what it meant to be a 'sustainable label'. Can it be done and how you go about it." "We want to think about the kinds of materials you put into a garment and how it affects the lifespan and how it can be returned to the earth as nutrients or be perpetually recycled forever and ever." After coming across the work of

Cradle2Cradle and The Ellen MacArthur Foundation, Whole Systems Thinking, and her own learned experience, Ms Holm developed the methodology that would lead to the launch of A.BCH in 2017. According to Ms Holm, circularity is not just about the materials being used, but the entire production process and lifespan of a garment, from ensuring working conditions for farmers of raw materials to the products' ability to safely return to the environment and provide nutrients for the earth. "There is a hierarchy of values that you need

to live by and to us circularity is at the top, but also supporting those people who make the products we buy to create our garments," Ms Holm said. "Ninety-nine per cent of clothing in the world is stitched with plastic, all the threads that hold our clothes together are plastic, usually the labels inside are plastic, the dyes have heavy metal counterparts within them, buttons are plastic; there are all these places where you create this monstrous hybrid of natural fibres and synthetic fibres that makes it almost impossible to recycle." "We repair, we offer alterations, we even help our customers if they have issues like removing stains, and at the end of a garment's lifespan we offer the option to take it from them to be recycled or they can cut it up and throw it in their compost bin." According to fashion icon and sustainability campaigner, Stella McCartney, the equivalent of one dump truck of textiles gets landfilled or burned every second, and by 2025 the clothing waste accumulated between now and then will weigh as much as today's world population. For interested customers, you won't find the same price point from A.BCH as you would from fast fashion retailers like H&M or UNIQLO, simple because, there is a certain price to live by a resolute circular ethos. Customers can visit A.BCH online or by appointment during the week and will be opening on weekends in the near future. ●

For more information:
abch.world

NORTH WEST MELBOURNE PRECINCT ASSOCIATION TRADER PROFILE

A slice of France in North Melbourne

Famous French chef, Auguste Escoffier, a man dubbed "the king of chefs and the chef of kings," once said "good food is the foundation of genuine happiness."

WORDS BY Jack Hayes



▲ Bistro De Paris head chef and owner, Sathya Manisekaran.

A great meal can be a truly transformative experience. It can take you to another place, to another time; it can bring a smile to your face, and it can form the foundations of life-long memories. When shared with others, as head chef and owner of Erroll St's Bistro De Paris Sathya Manisekaran will tell you, a meal can be a magical experience. Chef Sathya moved to West Melbourne in early 2020 after spending a decade refining his craft in some of London's most famous restaurants. He worked under celebrity chefs like Anthony Demetree at one Michelin star restaurants Arbutus and Wild Honey, then with Emmanuel Bonneau at the two-star London Hilton on Park Lane. Under the eye of London's best restaurateurs, chef Sathya evolved from chef de partie (station chef) to sous chef (second in command), then to head pastry chef, all the while honing his techniques in modern European cooking. "It was a very busy life working in Michelin

star restaurants. I would work from 7am until midnight," chef Sathya said. "It was where I learned a lot of techniques and recipes, both classic and modern European and it was where I found a passion for French cuisine." "When I came to Melbourne, I noticed there was a lot of Italian and Asian restaurants, but not many French, and definitely not many

French restaurants with an affordable price point." In May this year, chef Sathya opened Bistro De Paris and the response from the local community has been overwhelming. According to chef Sathya, he has a base of about 60 to 70 local residents who have turned his restaurant into their go-to for casual dining that champions quality and seasonal produce cooked with modern techniques, served in a relaxed environment with a surprising affordability. Guests can choose from an a la carte menu which features French bistro classics such as escargots, cheese soufflé, French onion soup, traditional bouillabaisse, and expertly prepared, simple steak dishes with béarnaise sauce. "Our signature dish is braised pork belly and celeriac remoulade," he said. "Normally, you see it cooked flat at a high temperature with crispy skin. We do it differently. We salt and cure the pork belly, stuff it with herbs and dry overnight. We then braise it for 8 to 10 hours, let it cool down and roll into a remoulade. Then we crisp up the skin just before service." "Our Sunday roast is also very popular. We want to welcome in locals and families who don't want to spend too much time cooking on the weekend and relax with their loved ones." In early October, chef Sathya will launch a new pastry element to Bistro De Paris, where his restaurant will be open for breakfast, lunch and dinner, with the new offering featuring signature pastries like eclairs, crème brûlée and macarons. Bistro De Paris is located at 63 Erroll St, North Melbourne and is open for dinner 5pm to 9pm Tuesday to Sunday and for lunch on Sundays from 12pm to 3pm. ●

For more information:
bistrodeparis.com.au

LETTERS TO THE EDITOR

Taking mental health seriously
Simon Harvey's recent article *That feeling - powerlessness* discusses apartment developments along Macaulay Rd in Kensington. Simon describes feeling powerless in trying to protect the amenity and liveability of Kensington in light of this development. At the beginning of the article, he invites readers to follow his journey along Macaulay Rd using Google Maps, or by actually doing the walk, stating that "it is actually quite confronting (Lifeline 13 11 14)." Lifeline is a national charity providing all Australians experiencing emotional distress with access to 24-hour crisis support and suicide prevention services. While Simon is clearly passionate about Kensington, referencing Lifeline and its crisis support number in relation to the development of apartment buildings is jaw-dropping. Data published by the Australian Institute of Health and Welfare shows that between 2018-2020, suicide was the leading underlying cause of death in Australia for people aged 15 to 44. It was the third ranked underlying cause of death for people aged 45 to 64. The daily death toll from suicide is 8.6 Australians which is more than double the road toll. Seventy-five per cent of those who take their own lives are male. Almost half of all Australian adults will face mental ill-health during their lives. While the data is sobering, it doesn't speak to the impact on individuals, families, friends and communities. I'm familiar with seeing Lifeline's crisis support number printed or displayed in stories about mental health and suicide. This is the first time I've seen it used out of context. Hopefully it's also the last.
David ●

SEND YOUR LETTERS TO:
ADMIN@HYPERLOCALNEWS.COM.AU

PUZZLES & TRIVIA

Quiz



- 1. What is the only Australian university named after a woman?
2. Originally home to a garage in Kensington, what small business has been recognised as part of the annual Lord Mayor's Small Business Awards?
3. Which Norse explorer is thought to have been the first European to land in North America?
4. The City of Melbourne have partnered with the University of Melbourne to restore a population of what insect in Royal Park?
5. Soon-to-be locals, Bakery Hill Whisky, have crowdfunded how much in order to open their new Macaulay Rd home?
6. What is a viticulturist?
7. Long-standing Kensington salon Jissara Hair is facing a heartbreaking closure. When was the salon established?
8. What was the code name for the main herbicide used by the US military during the Vietnam War?
9. Kate Winslet (pictured) won an Oscar for her work in which film?
10. What term is used for an adult male goose?
11. Which historic West Melbourne Pub is under threat from development?
12. Covering an area of over 20ha, Parkville Gardens is associated with what sport competition?

QUIZ SOLUTIONS

1. Edith Cowan University 2. Rendina Real Estate 3. Leif Erikson 4. Matchstick grasshoppers 5. \$700,000 6. A person who specialises in the science of grapevines 7. 1954 8. Agent Orange 9. The Reader 10. Gander 11. The Royal Standard Hotel 12. 2006 Commonwealth Games, where it was the athlete's village

5x5

No. 015

Insert the missing letters to make 10 words - five reading across the grid and five reading down.

Grid for 5x5 puzzle with letters C, N, L, B, S, V, D, A, D, E, S, E, S.

SOLUTIONS

ACROSS: CANAL, ARBUS, VODKA, EDGED, SEEDS DOWN: CAVES, ABODE, NUDDG, ASKED, LEADS

PUZZLES AND PAGINATION ©PAGEMASTERS PTY LTD PAGEMASTERS.COM

Sep, 2022

Sudoku

No. 015

Fill in the blank cells using the numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block

EASY

9x9 grid for EASY Sudoku puzzle.

HARD

9x9 grid for HARD Sudoku puzzle.

SOLUTIONS

EASY

9x9 grid solution for EASY Sudoku.

HARD

9x9 grid solution for HARD Sudoku.

Wordfind

Theme: Classic rock

The leftover letters will spell out a secret message.

Wordfind grid containing letters for classic rock bands.

AC/DC

- BEACH BOYS
BEATLES
BEE GEES
BONO
BOWIE
CCR
DEEP PURPLE
DYLAN
ELO
FOUR TOPS

GAYE

- HENDRIX
KINKS
PINK FLOYD
STONES
SUPREMES
THE DOORS
TROGGS
WHO
ZOMBIES

Secret message: Bieber

Crossword

No. 015

ACROSS

- 1 Lawless crowd (3)
3 Large winged insects (11)
9 Shortens (9)
10 Empty; use up (5)
11 Heavenly bodies (5)
12 Thief (9)
13 Creatures (7)
14 Playground items (7)
17 Gnawers (7)
19 Boils (7)
20 Display (9)
23 Inexpensive (5)
25 Makes level (5)
26 At puberty (9)
27 Carrier (11)
28 Dairy alternative (3)

Grid for Crossword puzzle.

DOWN

- 1 Gloves (5)
2 Commit severe violence (9)
3 Keyboard key (9)
4 Tells tales (7)
5 Makes certain (7)
6 Soft creamy candy (5)
7 Baghdad citizen (5)
8 Cleans (9)
13 Building designer (9)
15 Treadmill user, e.g. (9)
16 Succeeders (9)
18 Hair soap (7)
19 Fizzy candy (7)

- 21 Eighth letter of the Greek alphabet (5)
22 Coarse files (5)
24 Meat cake (5)

SOLUTION

Grid solution for Crossword puzzle.

Codeword

No. 015

Grid for Codeword puzzle.

SOLUTIONS

Grid solution for Codeword puzzle.

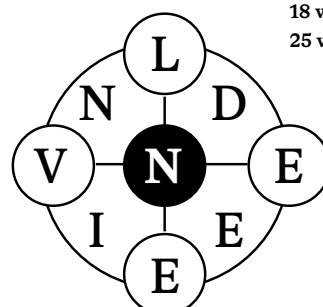
9-Letter

No. 015

Today's Focus:

- 12 words: Good
18 words: Very good
25 words: Excellent

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in "s".



SOLUTIONS

Reference:

Collins Concise English Dictionary

vine, vine, vine, linden, line, lined, linen, liven, livened, need, needed, need, veined, veined, vend, vend, vend, vine

What's On: September 2022

Community Calendar



UNTIL DEC 18 - FREE
Kensington Market
 Kensington Market is returning to Kensington Town Hall, highlighting the produce and artwork of this wonderful inner-city makers community. Be sure to come down as you'd be sure to find something you love, from designer fashion, homemade treats, coffee, homewares, jewellery, kids wear and art.
Kensington Town Hall
 30-34 Bellair St, Kensington 3031



The Centre
 The Centre is a not-for-profit offering programs and activities that respond to the needs of the North & West Melbourne community, providing an accessible and inclusive agenda which fosters belonging and community spirit.
 58 Errol St, North Melbourne
centre.org.au

Songbirds at North Melbourne Library
 Songs, rhymes and stories will engage your budding bookworm's mind and introduce them to the fun and rhythm of language. For babies and toddlers to 18 months old; no bookings necessary.
North Melbourne Library
 66 Errol St, North Melbourne



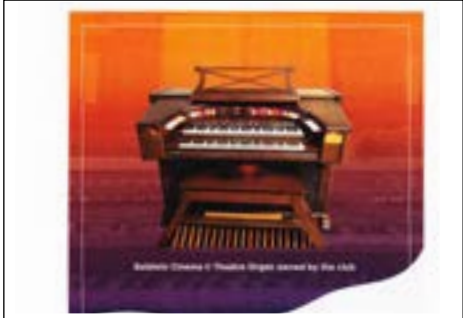
UNTIL DEC 1 - FREE
Stompers at North Melbourne Library
 Come along for an energetic 30 minutes of stories, songs, rhymes, music and most of all, fun. Ages 18 months to 3 years; no bookings necessary.
North Melbourne Library
 66 Errol St, North Melbourne



UNTIL DEC 9 - FREE
French Club
 Run fortnightly at North Melbourne Library, the French Club is an opportunity to explore French culture, improve your French language skills and make new friends.
North Melbourne Library
 66 Errol St, North Melbourne



FORTNIGHTLY, TUESDAYS 5-6PM
Trans and gender diverse writing group
 Online writing group via Zoom for trans and gender diverse young people and queer-identified people between the ages of 13 to 25 to connect and get writing.
youngadults@melbourne.vic.gov.au



WESTERN SUBURBS ORGAN CLUB
 Kensington Neighbourhood Centre
 18 Anthony St, Kensington
 October 10, 1:45 pm
 2nd Monday of the month (or 3rd Monday if the 2nd Monday is a public holiday). Cost: \$8 includes afternoon tea. Enquiries: Julie, **9307 8207**

Connect Cafe - Tech help for older people
 Do you need help learning how to use your mobile, tablet or laptop?
 Connect Cafe is offering FREE one-on-one 30 minute or 60 minute sessions with a trained and skilled 'Lively Tech Helper'.
 Advise on preferred language and team will do their best to accommodate.
 Fridays in September and October (excl Sep 23), 9am to 12pm.
 Kensington Neighbourhood Centre - 18 Anthony St, Kensington
Bookings essential: healthyageing@melbourne.vic.gov.au



Business Directory

Health & Fitness

STRIDE
 HEALTH COLLECTIVE
 CHIROPRACTIC | REMEDIAL MASSAGE | NUTRITION
 Helping people from all walks of life live pain-free & reach their health goals.
 Scan QR code to book online.

Politician

ELLEN SANDELL
 STATE MP FOR MELBOURNE
 (03) 9328 4637
office@ellensandell.com
 146 Peel Street
 North Melbourne VIC 3051

Real Estate

Biggin & Scott
 KENSINGTON
 For a clear path to success
 Kylie 0417 960 492
 Simone 0447 022 266
 Trevor 0456 377 780

School

SIMONDS
 CONTACT US
 Phone: +61 3 9321 9200
 Email: contactus@sccmelb.catholic.edu.au
 Hours: Monday - Friday 8.00am - 4.00pm
 CAMPUSES
 St Mary's 7-9 | 273 Victoria St, West Melbourne VIC 3003
 St Brigid's 10-12 | 20 York St, Fitzroy North VIC 3068

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 9381 6500 rendina.com.au
 519 Macaulay Road, Kensington Vic 3031

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Easy living with no owner's corporation fees & minutes to the CBD

- Elevated living, dining areas & balcony
- Close to Maribyrnong River
- Tastefully updated throughout

AUCTION

Nathan 0418 312 271
Simon 0415 034 855



103/30 RANKINS ROAD, KENSINGTON



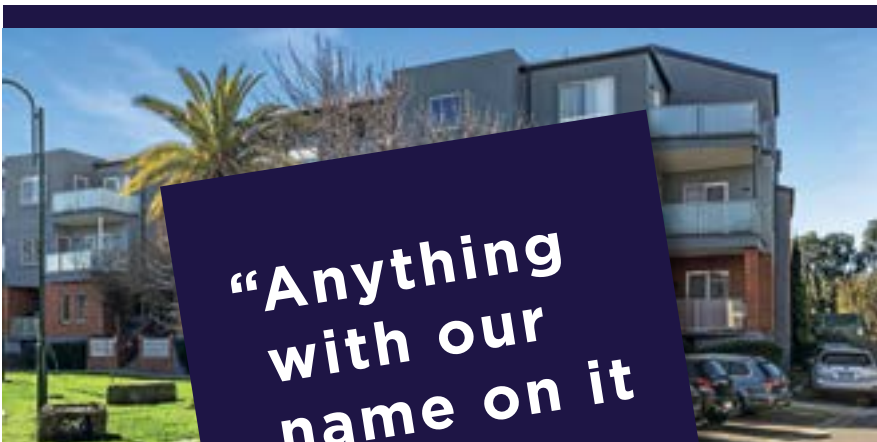
SECURE LIVING

This modern apartment, in a small boutique complex of only 8, is beaming with natural light.

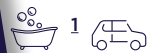
- Spacious open-plan living
- Stunning kitchen with Caesar benchtop
- North facing balcony

FOR SALE

Nathan 0418 312 271
Frank 0447 441 950



62/2 NEWMARKET WAY, FLEMINGTON



UNBEATABLE CITY-FRIDGE

Experience every aspect of quality living right on the city fringe.

- City views
- Just moments to Newmarket Plaza
- Low maintenance living

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Jack 0435 828 955
Nathan 0418 312 271



2/19 AFTON STREET, ABERFELDIE



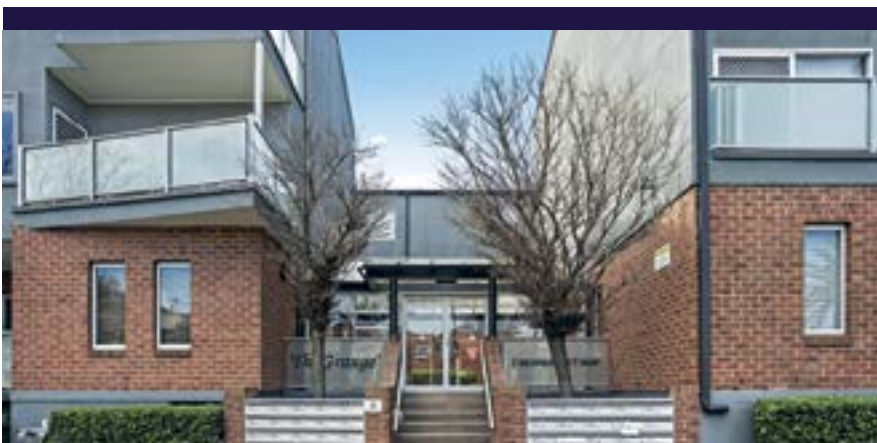
GRAND DESIGNER LIVING

Infused with high-class features near the Maribyrnong River, this designer home is sure to impress.

- Italian marble kitchen
- North facing courtyard
- Elegant bathroom with sub-heated floors

FOR SALE

Lou 0418 525 415
Frank 0447 441 950



16/2 NEWMARKET WAY, FLEMINGTON



EXPERIENCE THE CITY BUZZ

Experience every aspect of quality in this low-maintenance living right on the city fringe.

- European laundry
- Intercom secure entry
- Split system heating & cooling

ZOOM AUCTION

Sat 1st Oct at 11am
Jack 0435 828 955
Lou 0418 525 415



11 MCCRACKEN STREET, KENSINGTON



POTENTIAL AND POSITION

Original two bedroom Victorian in a superb quiet location!

- Potential city views with 2nd storey (STCA)
- High ceilings, ornate fireplace, leadlight
- Stroll to Newmarket Station, cafes, trams & CBD

FOR SALE

Lou 0418 525 415
Jack 0435 828 955

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